

PRESTON PARISH PAPER

Village Activities & News | St Mary's Church | Local Clubs & Events

Dates for your Diary

Sunday 4th August - Preston Praise at 11.30am for 12 noon in the Church

Sundays 11th August and 8th September – Lavenham Airfield Guided Walks – See Page 28

Sunday 18th August – Patronal Festival and Lunch in Church at 12 noon – See Page 6

Sunday 1st September - Preston Praise at 11.30am for 12 noon in the Church

Saturday 14th September – SHCT Ride and Stride all day – See Page 5

Saturday 21st September – Litter Pick – from Village Hall at 10.00am – See Page 25

Saturday 27th September – MacMillan Coffee Morning at Mayfield, The Street at 11.00am – See Page 14

Advance Notice – Christkindlmarkt at Preston Manor – Saturday 23rd November – 10.00am-3.00pm

EDITORIAL

Thank you for all your support, and for your contributions to the PPP.

Our Editorial email address is: editorpstmppaper@gmail.com for future contributions.

DAVID CULVERWELL 1929-2024

It is with great sorrow that we mark the passing of David Culverwell, who has died aged 94. David was Preston's oldest resident, with links to the village going back to 1957, when his parents bought Shelford House.

He was a good neighbour, always happy to help others and a familiar figure at village events.

David was the driving force behind the creation of the Friends of Preston St Mary Church, of which he was the initial Secretary and Treasurer. We all owe him a debt of gratitude for his role in bringing the village together in this way.

David's funeral service in Preston St Mary Church was well attended by his friends from the village and beyond. It was followed by a gathering at Shelford House.

A longer tribute to David is on page 23.

If you've any thoughts, points of view, experiences or protests to share, please write to the editors. We would love to hear from you, and so would the rest of our readers.

AUGUST & SEPTEMBER 2024

WHO'S WHO IN THE VILLAGE

Parish Council

CHAIRMAN	Peter Korwin		
CLERK	Kay Shorter	07561 060041	prestonpcclerk@gmail.com

Parochial Church Council

RECTOR	Revd Simon Pitcher	827691	rector.lavenham@gmail.com
CHURCHWARDEN	Keith Davis	247112	keithhdavis@btinternet.com

Friends of Preston St Mary Church

CHAIR	Glynis Huggett	01449 741389	glynishuggett@gmail.com
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Village Hall

CHAIRMAN	Annie Mason	07740 820100	ranniemason@btinternet.com
SEC./BOOKINGS	Sue Diggins	247626	sdiggins2rda-east.org.uk

Art Group

Monday mornings, 3 terms of 10 weeks

CO-ORDINATOR	Sarah Williams		sarahwilliams74@gmail.com
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Ladies' Group

Informal gatherings arranged for most months of the year, usually on Mondays

CO-ORDINATOR	Anne Springall	247156	annespringall@gmail.com
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Table Tennis

Thursday Evenings at 7.30 in the Village Hall

CO-ORDINATOR	Dave Williams		williams.jackdaws@btinternet.com
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Carpet Bowls

Friday Afternoons at 2.30 in the Village Hall

CO-ORDINATOR	Maggie Bardzinski		maggiemossbar@aol.com
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Preston Pop-up Choir

MUSICAL DIRECTOR	Lyn Davis	247112	divalynx@aol.com
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The Six Bells Pub

		247440	reservations@thesixbellspreston.com
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Tree Warden

	Lyn Davis	247112	divalynx@aol.com
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Preston St Mary Parish Paper

News of events & village life, distributed free to every household, bi-monthly

EDITORIAL BOARD	Robyn Lloyd Hughes, Jack Tasker, Caroline Gove		editorpstmppaper@gmail.com
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Doctors' Surgeries

Bildeston	01449 740254	Lavenham	378226
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Local Councillors

Suffolk County Council	Robert Lindsay (Green Party)	robert.lindsay@suffolk.gov.uk
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Babergh District Council	Deborah Saw (Green Party)	deborah.saw@babergh.gov.uk
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Community Liaison Officer	Cally Boardman	cally.boardman@suffolk.gov.uk
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Police - Non-emergency number 101

Police Community Engagement Officer – PC Jon Gerrish	ceosudburyhaverhill@suffolk.police.uk
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Our Ward is North West Cosford

A PASTORAL LETTER FROM THE RECTOR

The greatest among you should be like the youngest, and the one who rules like the one who serves. For who is greater, the one who is at the table or the one who serves? Is it not the one who is at the table? But I am among you as one who serves. Luke's Gospel Chapter 22

Dear Friends,

A dispute arose among the disciples of Jesus as to which one of them should be regarded as the greatest. They were anticipating a day when Jesus would reign as king over Israel and they were hoping for the best positions in a new government.

In response to the temptation of power Jesus says that he is among us as one who serves. St Paul writes to the Philippian church thus:

“Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves,

⁴ not looking to your own interests but each of you to the interests of the others.

⁵ In your relationships with one another, have the same mindset as Christ Jesus:

⁶ Who, being in very nature God,
did not consider equality with God something to be used to his own advantage;

⁷ rather, he made himself nothing
by taking the very nature of a servant”

Our late Queen was loved and respected because she promised at a very young age to dedicate her whole life to the service of her people. It was a duty that she took seriously, and her faith led her to believe that she was answerable to God for the diligence and sincerity by which she lived her life. She wanted to be guided and inspired by the example of Jesus.

Our new Prime Minister said on his first day in office that politics is about service. He said that he intends to lead a government that serves everyone, regardless of political affiliation. I hope that he will be able to do this, and we pray for all those who are recently elected to Parliament, for a spirit of service and for the welfare of all the people of this nation.

In Jesus' name

Simon

AUGUST & SEPTEMBER 2024

THE ROYAL BRITISH LEGION, LAVENHAM



Many will be aware that there is a social club in Lavenham, but the main raison d'être of The Royal British Legion is to aid and support ex members of the armed forces or their dependents who are experiencing difficulties.

If you fall in that category, or know someone who might, and would like to speak to The Legion, please phone 01787 249571 or 07817 316024 in complete confidence.

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Mob: 07444 272 472

Email: lee.jardine@outlook.com

PRESTON St MARY PARISH COUNCIL – MEETINGS FOR 2024

September 24th

November 19th

All meetings are in the Village Hall at 7.30pm

Extra meetings may be called if there are planning matters to be discussed.

When you're 20 you worry what people will think of you.

When you're 50 you don't care what people think of you.

When you're 80 you realise that people weren't thinking of you anyway.

AUGUST & SEPTEMBER 2024

RIDE AND STRIDE – THE SUFFOLK HISTORIC CHURCHES BIKE RIDE SATURDAY 14th SEPTEMBER - A REMINDER

Please don't forget that Saturday 14th September is the day of the Suffolk Historic Churches Bike Ride – now renamed Ride and Stride. Walkers as well as cyclists are encouraged to take part, (though horses and motorbikes are not allowed). As always, the aim is to cycle (or walk) to some of the fine old churches and other places of worship we have in Suffolk, and to raise sponsorship money while doing so. On the same day, a vintage and classic car rally is held with cars travelling around a selection of churches. Money raised is split equally between our church and the Suffolk Historic Churches Trust.

Preston has always strongly supported this event, and we have been rewarded with several grants from the Trust for works in the church. Our cyclists and church recorders will be asking for sponsorship over the coming weeks, and we hope as many of you as possible will give your support.

The Ride and Stride church fundraising day is held in 22 counties in England. In September 2023 Suffolk raised the most money with a total of £200,312.70. The total raised nationally to help preserve and repair churches buildings was £1,208,115 with Suffolk contributing 16.5%. The national Ride and Stride event started in Suffolk as a sponsored bike ride and then spread across the country. Thank you to all our volunteers, riders, striders, drivers and supporters... every pound raised helps to keep our wonderful church buildings going.

If you would like to ride or walk, drive your classic car, or to help man the church on the day - let me know and I'll give you a sponsorship form. This is a charity which supports our own church, village and county and it's in our own interests to support it.

Thank you all very much.

Robyn Lloyd Hughes
01787 247571

Cost of Living Support in Babergh



Elysa Dale
Cost of Living Coordinator

Babergh District Council and Mid Suffolk District Council - Working Together

Tel: 01449 724 944

www.babergh.gov.uk www.midsuffolk.gov.uk

Endeavour House

8 Russell Road

Ipswich

IP1 2BX

AUGUST & SEPTEMBER 2024

PRESTON ST MARY CHURCH

Patronal Festival Service and Lunch

We are holding our annual Patronal Festival service on Sunday 18th August, celebrating the Blessed Virgin Mary. Mary is the Patron Saint of both our church and our village – so everyone is welcome.

12.00 NOON ON SUNDAY 18TH AUGUST

The service will be at the usual time, 12 noon, and will last about an hour. It will be followed by lunch – outside if we are blessed with picnic weather, or else in the church.

Advance Notice

Harvest Festival and Lunch

12.00 NOON ON SUNDAY 13TH OCTOBER

Preston Praise

Our Preston Praise services have been very encouragingly received, preceded as they have been by mini-croissants, Chelsea buns and pains au chocolat, which have gone down very well, along with the fresh coffee or tea. The services are led by members of the congregation and are more relaxed and informal than the celebrations of Holy Communion and Evensong that we hold on most other Sundays. Our six magnificent bells are rung beforehand, and music always plays an important part in the proceedings.

12.00 NOON ON SUNDAY 4TH AUGUST AND ON
SUNDAY 1ST SEPTEMBER

Just an hour or so – good fellowship.
Come and try it!

AUGUST & SEPTEMBER 2024

Preston St Mary Parish Paper Advertising Charges

ONE-OFF ADVERTISEMENTS

Local Events	Free of charge
Full page advertisements for locals	£9.00
Full page advertisements for non-locals	£18.00

FOR 6 ISSUES

Local Organisations

Quarter Page	£9.00
Half Page	£18.00
Full Page	£36.00

Non-Local Organisations

Half Page	£36.00
Full Page	£54.00

Issues: Feb/Mar; Apr/May; Jun/Jul; Aug/Sep; Oct/Nov; Dec/Jan

Editor: editorpstmppaper@gmail.com

Copy Dates: At least one month prior to issue date

THE COCKTAIL HOUR

Master-mixer, Al Tasker shares a recent creation - inspired by the magnificent cherries currently in season.

Cherry Martini

10ml Luxardo cherry liqueur

15ml Vermut Blanco

20ml Cocchi Americano

90ml Brockman's Gin

= 2 modest servings

Shake over ice and garnish with a fresh cherry. Cheers!

THE FRIENDS OF PRESTON ST MARY CHURCH

CHRISTKINDLMARKT – SATURDAY 23RD NOVEMBER

ADVANCE NOTICE

A Reminder that this year's Christkindlmarkt will be on Saturday 23rd November at Preston Manor Barn, from 10.00am until 3.00pm

LAVENHAM PARISH CHURCH

Rev Graham Naylor

Rev Graham has been our curate in Lavenham and Preston for the past four years. During that time he has become a friend to many and has given tirelessly of himself in ministry and service to the church family and the wider community. He cared for everyone in the vacancy period after Rev Stephen Earl left, and he has supported me and been a great friend since my arrival in 2023. Graham has many skills and experience from the music industry such that we have been grateful for his guidance and knowledge on all things technical, musical and theatrical that are part of church life.

A curacy is a time limited contract, with a maximum of four years. It is important to recognise and understand that Graham's status has therefore changed. He is no longer stipendiary, but he is volunteering his time among us while he seeks a new parish of his own. We are grateful that Graham is still among us as a minister and a friend, but we need to respect the fact that we cannot expect him to give as much time and energy as he has done previously.

We would like to say thank you to Graham for all that he has contributed during his time in the benefice. If you would like to contribute to a gift for Graham please give any donations to our churchwardens David Deacon, Paul MacLachlan and Keith Davis.

We also pray for Graham that The Lord will lead him to new pastures where he can flourish and be happy.

Simon

Tools With A Mission

Our harvest service at St Peter & St Paul will be on Sunday 6th October.

This year we would like to support the charity Tools With A Mission (TWAM). This is an Ipswich based charity that supports the development of skills in Africa. Quoting from their own material; **"We are a Christian charity that collects unwanted usable tools, refurbishes them, sorts them into trade tool kits and sends them to developing countries for livelihood creation."**

The way it works is that people are invited to donate unwanted tools which are collected and brought back to the charity's refurbishment centre. The tools are then sent to skills training centres in Africa. Trade kits might include carpentry, tailoring, gardening. Kits of tools are gifted to trainees as they complete their training so that they can start work immediately.

"Our work targets the most vulnerable members of society, those living in extreme poverty and facing terrible hardship. We believe that they do not need a one-off financial handout, they need a sustainable way to generate their own income, put poverty in the past for good, gain independence and know that they can feed their families."

If you would like to donate usable unwanted tools we will be pleased to collect them in Lavenham church during September.

Simon

AUGUST & SEPTEMBER 2024

ATTENTION ALL SCHOOL LEAVERS!

FINANCIAL HELP OFFERED WITH UNIVERSITY OR TRAINING COSTS

Are you embarking on a course of further learning? If so, and if you are under the age of 21, we can help.

All school leavers or people under the age of 21 living in the village are invited to apply for a grant from **The Robert Ryece Charity** towards the cost of the next step in their chosen career. The Trustees are Janet Martin and Keith Davis, who are keen for the charity to help with the finances of further learning. “We would love to hear from anyone who is about to tackle the next step in their development, whether this be further study, an apprenticeship or other training. The Robert Ryece Charity has some funds to help youngsters expand their learning.”

The Ryece (or Ryce) family owned Preston Hall during the 15th and 16th centuries, when several generations were named Robert. One of these was a famous student of heraldry and local history who instigated the many coats of arms in the windows of the parish church. There were originally 160 shields, but many of them were destroyed when the tower collapsed into the nave in 1863. The remaining 52 coats of arms are still a notable feature of our lovely church.

One of the many things that he did for the village was to found this charity, the aim of which is to offer support to school leavers and apprentices of the Parish in the form of grants to assist them with the purchase of books, equipment, tools, special clothing, etc to help them in their studies and/or training. The grants are relatively modest but have nevertheless proved to be useful to previous recipients.

Please direct your enquiry to Keith Davis, who reassures prospective applicants “The application is very straightforward. No fancy forms or detailed processes. All that is needed is a letter explaining who you are, where you live, what training you are about to start and what items you need to buy. I look forward to hearing from you!”

Keith’s contact details are:

Addington House, Whelp Street, Preston St Mary, Suffolk CO10 9NL

Tel: 01787 247112

E-mail: keithhdavis@btinternet.com (don’t forget the silly 2nd “h” in the address)



**We will  having another litter
pick on 21st September
from the Village Hall
starting at 10am there will of
course be refreshments
and cake afterwards.**



A letter from our former Rector, Stephen Earl

We are now well settled into life in retirement and have made plenty of friends locally.

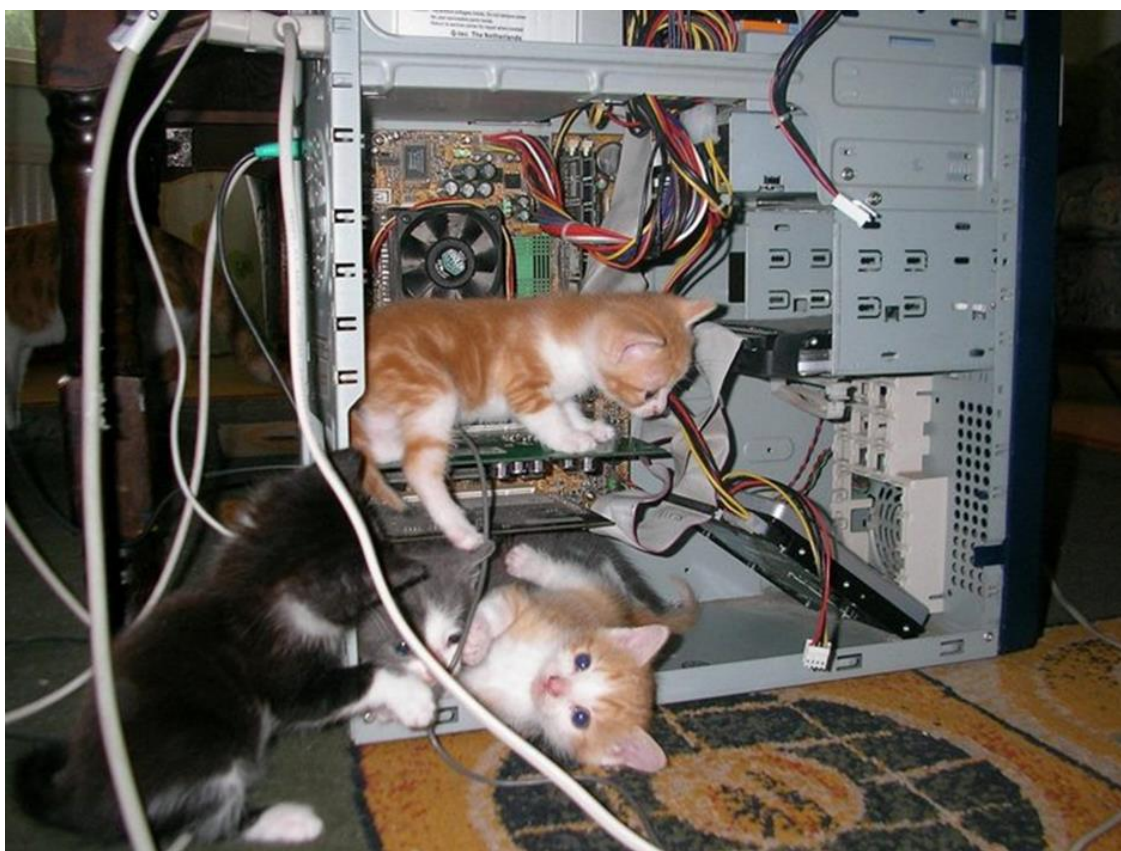
Abi is in charge of the pre-loved book sales in our local church, as well as assisting with a children's after-school club and being a 'listener' for younger children's reading in our CofE primary and maintaining a section of the churchyard.

Together we are in various walking groups and enjoy a good repertoire of interesting talks here and being part of the team helping with concerts in church. And enjoying ourselves at a number of concerts, plays, open gardens etc in the area.

Bellringing (here and in various churches), croquet (in Norwich) and cycling (every Friday – about 30 miles) take up a fair bit of my own time each week beside the odd game of snooker in the ex-servicemen's club and a monthly men's breakfast, besides helping out here on Sundays and in various other local churches.

Do pass on our love and greetings to all – and say there's always a warm welcome here in North Norfolk.

Greetings,
Stephen.



Where did you say the HDMI cable went?

AUGUST & SEPTEMBER 2024

THE FRIENDS OF PRESTON ST MARY CHURCH



It was delightful to welcome Friends of the Church to our first garden party at Swifts Manor. Great to have the company of so many who have supported the group in our efforts to preserve the grade one listed building from the very beginning...and to welcome some new faces who have recently joined us.

We were blest with one of the few wonderfully warm evenings of the summer. The grass was beautifully mown (thanks Rog!) and the hedges were (mostly) clipped into shape. Under the ancient willow tree, trestle tables were laden with a variety of delicious food and the wine was plentiful. A lovely evening with lots of good chat and laughter, a small way to thank everyone who supports the Friends in our efforts to keep our church building in good shape for all the times in our

lives when the church is important to us and our families.

My grateful thanks to everyone who helped to make the evening so enjoyable and to the hard-working committee for all their efforts on so many fronts throughout the year. Looking forward to our next big fund-raising event, the Christkindlmarkt on November 23rd. - do come along and bring your friends.....and do consider becoming a Friend ! We are quite a jolly bunch and you will be very welcome.

Glynis Huggett
Chairman
The Friends of the Church of Preston St Mary

what3words

This ingenious idea is very simple: the world has been divided up into 3m squares and each square has been assigned 3 words. If you want to find somewhere specific, rather than an address or postcode, this leads you right to where you want to go to. It can be given to friends, colleagues or family to let them know where you are. More and more agencies are using it (e.g. estate agents etc).

But more importantly and apposite for rural communities like ours, emergency services now use it for speeding up the location of someone who needs urgent help: police, fire and ambulance.

The app is free and easy to navigate. You never know when you're out walking or cycling in a remote location and need immediate help. It could save your life.

CG

CHARITY TRACTOR DRIVE



On a fine sunny afternoon at the end of June a procession of classic and vintage tractors passed through Preston during a fundraising charity run around local villages.

AUGUST & SEPTEMBER 2024



Come along to our Coffee Morning

Every penny we raise means Macmillan can help more people with cancer live life as fully as they can.

Where: MAYFIELD, THE STREET, PRESTON, ST MARY
Date: 27TH SEPTEMBER Time: 11:00 AM

Cakes, cuppas and cash at the ready!



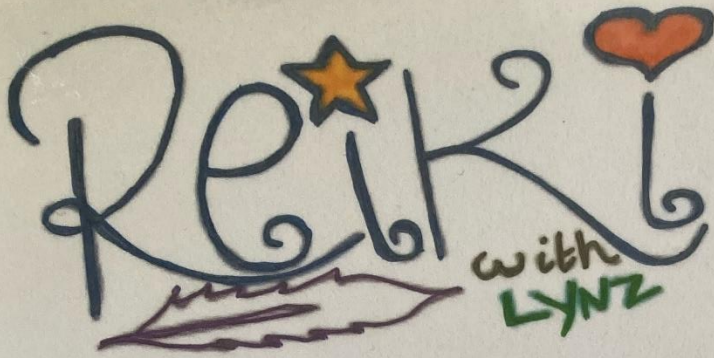
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MACMILLAN
CANCER SUPPORT
RIGHT THERE WITH YOU

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039807) and the Isle of Man (094). Also operating in Northern Ireland.

AUGUST & SEPTEMBER 2024



07772604598

Reiki is a natural healing system using life force energy and intention, by placing hands on the body in various positions or at a distance.

Reiki can help with **stress, anxiety, depression, pain, sleep, strengthens the immune system and removes energetic blocks**, just to name a few! Reiki is a complementary therapy that works alongside medical procedures.

Reiki is for everyone, humans, animals, young and old.

1 hour at £25 course of 3 at £65 & 6 at £120

30 minutes at £15 course of 3 at £35 & 6 £70

*Discount for multiple people at the same location

**Discount for people who need the help but can't afford the full amount

AUGUST & SEPTEMBER 2024

PRESTON ST MARY & DISTRICT LADIES CLUB

New Members will be warmly welcomed to our meetings, so do come and join our group of lively ladies. Our annual subscription is only £10, and just £2 when you attend a meeting, which includes raffle prizes and refreshments. Village Hall meetings start at 7.30pm and are usually held on the 2nd Monday of the month. However, in the summer we do try to alternate Village Hall monthly meetings with interesting outings wherever possible.

2024 PROGRAMME

There will be no meetings in July and August for the Summer break but please note the following meeting dates.

9th September - A talk and demonstration by the Ambulance Service which runs an initiative called **EASTHeart** mostly staffed by volunteer community First Responders, that teach Cardio Pulmonary Resuscitation (CPR) which incorporates the use of a Defibrillator. The talk is built around the scenario of coming across an unconscious person and demonstrating what to do. Participation is encouraged but not compulsory and there'll be no test. This will be an OPEN MEETING to allow you to bring a guest. Members, please let me know if you will be bringing a guest. Since this will be a busy meeting I am afraid there will be no time for a raffle. EASTHeart is purely a voluntary organization, and only asks us for a donation.

14th October - I have nothing booked on this date for the moment but will contact Members when I have made arrangements.

11th November. LIFE ON THE OCEAN WAVE - THE LONELINESS (AND WARMTH) OF COMMAND - MICHAEL EVANS will be giving us a talk about his journey through his lived experience of a 35 year career in the Royal Navy with particular reference to flying helicopters and commanding two of Her Late Majesty's warships. Michael will also be sharing his story of surviving a fatal helicopter crash in the Mediterranean and the impact such a life-changing accident has. Michael is a Member of the Goldfish Club, which is awarded to people who have escaped an aircraft by parachuting into water or whose aircraft crashed in the water, or whose lives were saved by a life jacket, inflatable dinghy, or similar device. Michael has had an interesting life and am sure you will enjoy his talk. This will be an OPEN MEETING when you can bring a guest. There will be no raffle at this meeting. Michael is happy to give us his time and suggests if you enjoyed his talk donations be made [SSAFA.Org](https://www.ssafo.org) which is an armed forces charity.

REPORT ON PREVIOUS MEETINGS

9th July Ladies Lunch. A big thank you to Mandy and Mervyn Cochrane and Sue Diggins for inviting the Ladies Club for a wonderful lunch at **Barn Owl Lodge**. Their house was full to capacity, the weather had decided to be kind and the food was wonderful. Sue and Mandy had worked hard in the kitchen with their preparations to give the Ladies and their guests a good time. Many of the wonderful desserts had been provided by The Ladies. A really good time was had by all with lots of laughter and lots of chat. Thank you Mandy, Sue and Mervyn for your wonderful hospitality which made the day go with a swing.

Please get in touch with me if you are reading this article and think that you might like to give a talk to Preston Ladies Club. I would very much like to hear from you. Contact Anne Springall on 01787 247156 or email annespringall@gmail.com for more information about any of our meetings. I am always glad to hear from you.

QUIZ TIME

There are no prizes – answers are on Page 34

1. What is the most commonly used letter in the English language?
2. Which song did Bill Murray awake to every morning in Ground Hog Day?
3. In which year did the Berlin Wall fall?
4. Which mountain range is the longest in the world?
5. Who painted “The Persistence of Memory”?
6. In what year was the very first model of the iPhone released?
7. What does “HTTP” stand for?
8. In the context of email, what does “CC” stand for?
9. What is the name of Batman’s butler?
10. Who directed the 1994 film “Pulp Fiction”?
11. Who played Anita in the first Broadway production of West Side Story?
12. Which animal can be seen on the Porsche logo?

SESAW – Suffolk and Essex Small Animal Welfare



Suffolk & Essex Small Animal Welfare, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888, email: info@sesaw.co.uk

Have you seen the Art of Harry Becker?

By Kate Hanlon

The second of the Suffolk artists I have chosen to introduce you to is Harry Becker. He was born in 1865 and moved to Suffolk with his family in 1912 where he threw himself into drawing and painting the landscapes, people and animals he found around him. He sketched and painted obsessively, producing thousands of drawings in charcoal and pencil, venturing out in the harshest of Suffolk winters to capture a particular light or scene, in fact in the end he died from pneumonia in 1928, perhaps because of his obsession to be out in all weathers. Becker holds an iconic position in the history of Suffolk painting. His total immersion in his environment is what gives his work the vibrancy and familiarity that is so immediately appealing.

If you are interested in seeing his work there is a huge amount on the internet. I have a book bought from the Wildlife Gallery which was in Lavenham and had an exhibition of his work some years ago, in 2008 I believe. It's called Harry Becker by David Thomson and I recommend it if you like his work, and indeed, who could not!



BOOK REVIEW – The Garden Against Time by Olivia Laing



In a break from jury duty this spring, I found myself in a nearby branch of Waterstones. A pile of copies of this book was positioned right by the front door and straightaway caught my eye. I had read Olivia Laing's previous book *The River*, where the author walks along the length of the River Ouse where Virginia Woolf drowned herself in 1941.

A quick read of the blurb was enough for me to know that it would be more enjoyable to read a book about the restoration of a walled garden in Suffolk than to watch an ex-footballer showing us around houses under the hammer on the TV in the jury room.

The author and her husband moved from the city of Cambridge to a Suffolk village just before the first Covid lockdown. She describes

viewing the Georgian house as taking just a few minutes before eagerly going out into its one third of an acre overgrown, neglected walled garden. On that late winter's day she knew immediately that she had to live there. She saw the bones of an established garden with wonderful old trees and interesting & unusual shrubs and discovered that the

house and garden had been bought and remodelled from the 1960's by the garden designer Mark Rummary who had worked for Notcutts.

The book is, on the surface, an account of her enthusiasm and labours during that first year. The delight of discovering new plants in unexpected places is palpable. She toils and she plans her restoration ever mindful of what is already there and what previous owners were trying to achieve. But this leads her to muse about paradise gardens over time, through literature and historical record. She explores themes of gardens as sanctuaries in troubled times - hers was Covid - and how other literary and historical characters created their own paradises for different reasons. It is a book about gardens as paradises to escape to or to immerse into for those who do or don't have gardens.

Having finished the book, I was intrigued to know the exact location of this garden and desperately wanted to see it for real having imagined it through Laing's descriptions. Other than 'a Suffolk village near the coast', I had no clue - until I browsed the NGS Suffolk pamphlet from the farm shop. A garden in Yoxford was going to be open for 1 day only in June; the name was Magnolia House (she writes about the old magnolia tree) but the garden's owner was a man. I googled his name and discovered he was the Cambridge academic I knew to be her husband. Bingo!

I went with a fellow enthusiast friend on an overcast Sunday and it was every bit as beautiful as I had imagined: enchanting rooms within rooms; whimsy everywhere; a lily pond; roses spilling over Suffolk bricks; perennials bursting through. Floriferous, scented and magical - paradise indeed. We saw the author's writing room in the converted Victorian coach house with views over a water feature to the church spire peeping over the top of a brick wall and could imagine her sitting there describing her own slice of heaven.

But the most extraordinary thing happened as we were about to leave – I suddenly saw my god-daughter (who lives in Worthing!) lying on the lawn with her wife and their two boys. A wonderful chance meeting that would not have happened had I stayed in the jury room to see what Terry from Bolsover had done with his two-up two-down bought at auction. CG

NATURE NOTES

At a recent garden party at Swift's Manor Jack Tasker and I were impressed by this enormous willow tree which seems far taller and wider than other willows. In the Tree Warden's Scheme handbook an ancient tree is one which makes you go "Wow, it's huge! Fatter than any other tree like that round here." Both Jack and I agreed that was how it made us feel.



Lyn Davis – Village Tree Warden

I asked Glynis Huggett for some more information about the willow and this is what she kindly told me:.

“This white willow, (or cricket bat willow) at Swift’s Manor is about 75 years old.

It started life as a slender willow pole to hold up a donkey shed next to the house.

The veteran tree is looked after by Suffolk Tree Services, Andy

Gentle taking good care of it by judicious pruning so that it’s life is as long and healthy as possible. It is home every year to broods of talkative Jackdaws, birds which are believed to help preserve Box hedging by eating the box moth caterpillars. Certainly all the Box at Swifts Manor is very healthy.”

So next time you stroll past Swift's Manor say hello to this magnificent specimen! Thank you Glynis and Roger for loving and caring for a tree which can start to fall apart around 20 years old but with proper care can live up to 50 years old. I think you may have a Champion!



It might be noted that there is a slight leaning to the subject of garden ponds in this paper. There exists only a fraction of the number some fifty years ago and they're of so much benefit to wildlife! The pictured example is only 2 meters by 1 meter, 75cm at its deepest and was dug in an afternoon – subsequently rimmed with stones from Prykes. That was three years ago. It has been visited by frogs, grass snake, mallard, moorhen and houses a family of newts. Many birds drink there daily. A great addition to the garden! Why not give it a try? JT

AUGUST & SEPTEMBER 2024



Our pheasant feeder at Hill House Farm attracts more than just the intended feathered friends. This muntjac has become a regular visitor.

Incidentally, we don't shoot the pheasants – Katie has made pets of them and they're all tame.

RLH

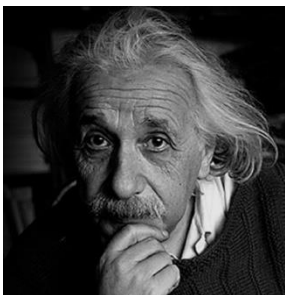
REMEMBER; plant a budleja and your garden will be visited by myriads of beautiful butterflies.

NEWSFLASH; 10TH July, first visit by a red admiral. JT

HISTORY NOTES

In concentrating on the not inconsiderable history of our own village we should not ignore our neighbour. Lavenham is absolutely brimming with local history. Local historian, Paula Stevens's approach is via individual houses. She deals with some forty of them - eleven in detail. Apart from their intrinsic interest and beauty, they give us a glimpse into the region's economic past. At £10 from the Guildhall shop, this is a must for your bookshelf. JT

Lavenham's history will be very much in view next year – 2025. The tower of the parish church of St Peter and St Paul was 'topped out' in 1525 and throughout the next year there are plans for a series of events under the T500 banner, both church based and secular. More details to come in future issues. RLH



"If you can't explain it to a six year old, you don't understand it yourself."

"Genius is 1% talent and 99% hard work..."

Albert Einstein



Image credit: Ben Hall



Suffolk Wildlife Trust

Suffolk Wildlife Trust is the county's nature charity, inspiring and connecting people to the wildlife on their doorstep, as well as playing a monumental role in caring and safeguarding Suffolk's wildlife and countryside. We have led local nature conservation efforts in Suffolk for six decades and have saved some of the county's most important wildlife sites by securing them as nature reserves.

Working with communities, local landowners and partner organisations, Suffolk Wildlife Trust has helped animals and plants to thrive across Suffolk, reviving and cherishing crucial habitats. These habitats act as corridors, allowing wildlife to move safely through the landscape, and create a connected network of nature. Our vision is to create a wilder living landscape where wildlife can flourish and encourage others to become part of a wilder Suffolk.

Today, Suffolk Wildlife Trust cares for 50 nature reserves. But we have not done this alone; gifts in Wills over the decades have enormously contributed to the buying, expanding and protecting of our reserves for generations to come.

Seizing opportunities to buy or enlarge our nature reserves is one of the most powerful ways in which we secure a better future for Suffolk's wildlife. Legacy gifts have in fact been instrumental in every reserve purchase in recent years, enabling us to act quickly and with confidence when opportunities arise. Knowing they represent a lifetime of saving, we always try to increase the impact of bequests by using them to inspire more support through local fundraising. The unstinting response to these from members and supporters is inspiring.

The stories of our amazing legacy donors will forever be a part of Suffolk Wildlife Trust's history and will inspire others to consider leaving a gift in their Will, so that we may continue our fundamental work. Our approach of saving legacy gifts for landmark projects like these means a gift in your Will of any size will directly help to buy land for wildlife, safeguard a threatened species, or support a special piece of work with lasting impact.

**For more information please contact us on 01473 890089
or visit www.suffolkwildlifetrust.org/will**



OBITUARY

DAVID CULVERWELL

David Culverwell, who has died aged 94, was for many years a stalwart of village life. His link with Preston began in 1957, when his parents bought Shelford House. Among David's many contributions to the village he is recognised as the driving force behind the creation of the Friends of Preston St Mary Church, of which he was the initial Secretary and Treasurer. We all owe him a debt of gratitude for his role in bringing the village together in this way.



David had a distinguished career as a Civil Engineer, playing a role in the design and building of roads, railways, bridges and tunnels in many parts of the world. After leaving Corpus Christi College, Oxford in 1952 he worked for Costain, a leading firm in the field. He spent two years in West Africa, where his challenges included responsibility for building a road/rail bridge in Nigeria, and reconnaissance for the design and building of a new road in Cameroon.

In 1954 he joined Freeman Fox and Partners, famous for major bridge projects including Sydney Harbour Bridge and later, in the UK, the Forth, Severn and Humber road bridges. He stayed with the firm for thirty years, in due course becoming a Partner. Over the years projects he worked on included the Hong Kong Cross-Harbour project, which began as a proposal for a bridge but became an immersed-tube tunnel using prefabricated units sunk into a trench on the seabed, and works associated with the Auckland Harbour Bridge in New Zealand.

During the 1980s David left Freeman Fox and Partners to become an independent Consulting Engineer and he also served as an Arbitrator and Expert Witness in construction disputes.

Over the years he completed much work on Shelford House, including re-wiring and installing central heating. He took a great interest in trees and planted over 100 carefully chosen specimens in his garden and adjoining field.

In his leisure time David was a keen sailor, and part-owner of a 29-foot Bermuda rigged yacht, which was kept at Pin Mill and sailed around the British coast and as far as Holland, Denmark, Sweden and France. Unfortunately, an accident which damaged his Achilles tendons forced him reluctantly to give up sailing. David had a wide range of interests and was a keen reader, with books in almost every room – topics included political and military histories, biographies and novels by authors including Nevil Shute, Dorothy L. Sayers and Jeffrey Archer.

David's funeral service in Preston St Mary Church was well attended by his friends from the village and beyond. A small choir of local voices sang an anthem as the coffin entered the church and the service continued with well-known hymns and a reading of Crossing the Bar, the beautiful poem by Alfred Lord Tennyson, reflecting David's love of the sea. After the service everyone was welcomed for refreshments at Shelford House, David's lovely old home, where the champagne flowed (he would have been so happy about that) and interesting photographs from his life were on display. Our thanks to David's goddaughter Caroline for arranging his farewell so beautifully.

POETS' CORNER

Sodding Socks: Perfidious Footwear

Socks that once I thought my friends,
Humiliate me now.
Those cheerful chums at both leg-ends,
Became my foes somehow.

Those ever-willing apertures,
Both beckoning my toes.
Hospitable, accessible
Obedient, loyal hose

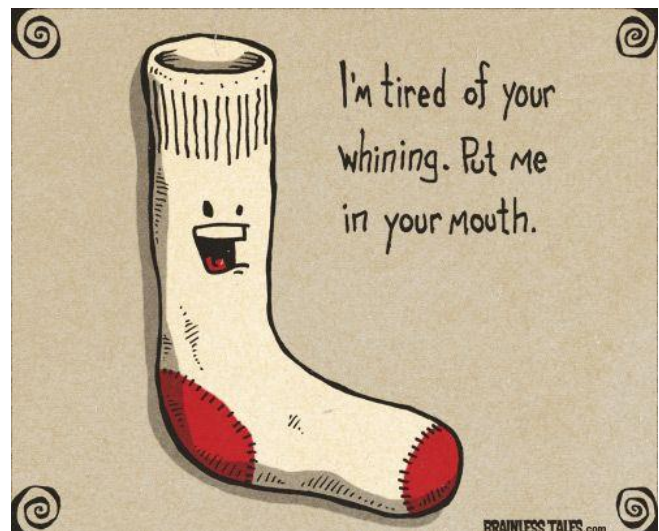
Now cruelly taunt and mock and tease
Beyond my flailing arms.
And ever further from my knees,
They seek to do me harm.

I lunge and scrunch and hunch and hop,
And crash into the wall.
I grunt and groan, my knees go pop.
I trip and then I fall.

It matters not the sort of sock,
long, short, silk, wool or cotton.
I'll pirouette, my knees will lock,
And dump me on my bottom.

How sharper than the serpent's tooth
That those once steadfast chums,
Foot-swaddling friends of early youth
Now throw us on our bums.

When I, bare ankled, shuffle past
Your judgement, pray suspend.
Your own socks too, will at the last
betray you base false friends!



© Tim Bridges July 2024

COOKS' CORNER

Summer Recipes

Susie's BBQ Chicken

This is a summer cracker and given to me by an Australian friend, a nationality of cooks quite discerning about their outdoor food. It also works well at other times of year but is especially good given the BBQ treatment.

- 6 Chicken breasts
- 1 tablespoon apricot jam
- 1 tablespoon mango chutney
- 125ml mayonnaise
- 1 teaspoon Lea & Perrins
- 2 teaspoons grainy mustard
- 1 tablespoon lemon juice

Pound the chicken gently with a mallet; place in a dish. Combine all the other ingredients and add to the dish - rub the marinade well into the chicken. Leave for several hours or overnight in the fridge.

Barbecue the chicken until cooked through, basting with the marinade frequently. Serve with new potatoes and a green salad or whatever you want.

Blackberry Bomb

Not sure what to do with all those blackberries you've collected from the lanes of Preston St Mary? This is your answer - you will go back to it every year.

- 2lb blackberries
- 220g (or less - adjust to suit) granulated sugar
- 2 tablespoons water
- 250 ml single cream
- 250 ml whipping cream
- 200g broken meringues

Cook the first 3 ingredients to soften. Put through a sieve to remove those pesky pips. Reserve about one third of the purée.

Add the 2 creams to the cooled purée but don't mix too vigorously. Stir in the broken meringues and divide into 2 x 1-pint containers or one larger one.

Bring out of the freezer an hour before serving; add the reserved purée to each bowlful.

CG

AUGUST & SEPTEMBER 2024

VILLAGE HALL NEWS

VILLAGE HALL 100 CLUB

The first three draws of 2024 have been made and the winners are:

1st prizes: Robyn Lloyd Hughes; John Hynard; Roger Huggett

2nd prizes: Victoria Keitley-Webb; Kate Hanlon; Donna Braker

3rd prizes: Edward Hicks; David Humphreys; Yvonne Robinson.

The other two draws will be made nearer the end of the year. The Village Hall Committee offer their thanks to all who have subscribed to this important element of the Village Hall finances.

Important Notice:

Due to a clash with a large county dog show the same weekend as our planned one and also another local one the week before it was decided that it wasn't viable to hold one in Preston as we had hoped.

The upcoming events for the Autumn in the Village Hall are:-

Harvest Lunch. - 13th October, this will follow a Harvest Festival Service in the Church which everyone is welcome to, but feel free to attend both or either.

Village Hall Quiz Night - 19th October, tickets £10 per head to include a light supper. Please phone 01787 247626 for tickets.

The hall is busy with its usual activities – Art Club, Keep Fit, Table Tennis, Ballroom Dancing, Indoor Bowls, Baby Massage. Don't forget if you are planning a party or family gathering the hall is available for hire with its excellent kitchen facilities and use of the garden. Just give Sue a call on 01787 247626.

ANNIE MASON Chairman, 07740 820100
SUE DIGGINS Secretary, 01787 247626
KEITH DAVIS Treasurer, 01787 247112

AUGUST & SEPTEMBER 2024

PRESTON AND DISTRICT ART GROUP

The Art group were blessed with good weather last term which allowed us to visit members' gardens and draw *plein air*. We had tutoring sessions from Kate Hanlon which everyone enjoyed.

We would like to thank Judy Legg for all her work and care in looking after the Art Club as she steps down from the running of the group. We are currently on summer break but will start up next term on Monday 16th of September 10.00 till 12.00.

I am pleased to take over the group and I am hoping my experience in creative art teaching at adult education will come in handy. The group have been asked to create an artwork for a Christmas card over the summer. If you are interested in taking part, please feel free to contact me.

We welcome new members: you do not have to have to be a Gainsborough or a Constable to join. You will be made very welcome; we are a friendly group.

If you would like any further information please contact Sarah Williams at Sarahwilliams74@gmail.com



Did somebody say just eat?

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air base with a guided walk on ...

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487th Bomb Group during WWII



★ When? : Second Sunday of June, July, August & September

★ Time? : 10.00am - 1.30pm

★ Cost? : Adults £10 Under 16s £5 (Sorry - no dogs)

★ Booking? : Essential - Tickets available from...

Lavenham Information Point - 2 Lady Street - ☎01787 249939
Mon, Tue, Thu, Fri 10.30am-2.30pm. Sat 11.00am-2.00pm



All proceeds go towards the USAAF
487th Bomb Group Memorial Fund



MONKS ELEIGH POST OFFICE

Opening Hours

May be subject to alterations dependent on volunteer availability (Check our social pages)

Monday	9.00am – 4.00pm
Tuesday	9.00am – 1.00pm
Wednesday	Closed
Thursday	9.00am – 1.00pm
Friday	9.00am – 1.00pm
Saturday	Closed
Sunday	Closed

The Community Shop is open 9.00am – 5.00pm Monday to Friday and 9.00am – 12.30pm Saturday and Sunday

Many local shops and particularly Post Offices are closing in these tough times. We are fortunate to have a local amenity such as this.

AGRICULTURAL NOTES

“55mil in 2 days!” exclaims Gary at the start of our discussion. But heavy rain affects crops differently. Sugar beet benefits from generous rainfall - increasing the yield. Rape, which is quite extensively sown around Preston (but not by Gary at the moment) is a different story. Gary and his partner currently have in their care: sugar beet, winter wheat, winter barley, spring barley, maize and bird cover - a total of 2000 acres. All of these need spraying up to five times before harvesting with fertilizer and pest control. Except bird cover. This - grown purely for bird seed - is left alone. When this paper appears, harvest should be well under way. Good luck, Gary! JT



Not all arable! Newborn lambs at Hill House Farm. Now – three months on – they are bigger and chunkier. I call them *les moutons cadets* (junior sheep). RLH

GILLIAN CRISPIN-MOYES

PRESTON PEOPLE



My name is Gillian Crispin-Moyes and I moved into the village about 3 years ago with my daughter and her family. I had no intention then of living with my daughter and was looking to buy my own house but, because the house they had bought had such a large garden, my son-in-law suggested that he built me a Granny annexe in the garden. I did live with them whilst he was building the annexe but have to say he managed to complete it very quickly - think this was largely due to having the mother-in-law living in his house.

Before moving to Preston St Mary I had always lived in Essex. I was an only child and we lived in Rainham but in my latter years I moved to Orsett. It was a big step for me to move at 70 years of age and leave all my friends and the life I had built up since retiring at 60, but my daughter wanted me to move with them as I am a widow and she wanted me to be near them due to my getting older.

I have to say I could not be happier, everyone in the village was very welcoming, however we were slightly anxious as we arrived with a caravan and a pink car we thought the village would think Gypsies had arrived. It is quite a different way of life here in Suffolk compared to Essex and the first thing I noticed was how peaceful and quiet it was, but the best bit was no traffic as where I previously lived was near the Dartford crossing and M25 so constant traffic jams. However, it took me a while to get used to no street lights and the dark but so lovely to see so many stars. I miss my friends, but I regularly visit them in Essex, and they also love to visit here and it's not too far to travel. I keep busy as I have joined the local choir and art class, I also go swimming and keep fit, joined a walking group and the Women's Institute in Boxford. Being a Nanny I also have baby-sitting duties to fulfil which I obviously love. My hobbies are doing craft, especially card making, and I also have a dolls' house which I am decorating.

Since I was about 50 years old I always thought how nice it would be to live in a pretty little village in a rural area and now I do, so hopefully I can spend the years I have left enjoying the peace and quiet in Preston St Mary with its lovely inhabitants.

AUGUST & SEPTEMBER 2024



Lavenham Physiotherapy & Acupuncture Clinic

Unit 12 Lavenham Studios, Brent Eleigh Road, Lavenham CO10 9PE

Conditions treated include:

- Back pain and sciatica
- Neck pain and whiplash
- Shoulder, elbow and wrist pain
- Hip and knee pain
- Ankle and foot pain
- Headache
- Rehabilitation after injury or operation



Your physiotherapist Mrs. Hua Sands:

- 20 years' experience as a physiotherapist registered with the Health and Care Professions Council
- Chartered Physiotherapist and member of the Acupuncture Association of Chartered Physiotherapists
- Masters degrees in Health Psychology and Physiotherapy from Queen Margaret University, Edinburgh
- Trained in acupuncture in China and UK for safe, relaxing and effective acupuncture

Unique Clinic Approach

The Clinic was set up 14 years ago to deliver a better outcome for patients through a unique combination of physiotherapy and Chinese acupuncture approaches to musculoskeletal pain relief, plus longer and more thorough assessment and treatment sessions. Acupuncture treatment is optional, but around 95% of patients feel some pain relief following initial acupuncture treatment.

The longer sessions enable a thorough assessment - essential for a proper diagnosis so that you can get the most effective treatment straight away to relieve your pain as quickly as possible. The detailed assessment also helps deal with the root of your problem, not just the symptoms, to help relieve your pain for the long term and prevent it recurring.

Where other health professionals have failed, Hua has often been able to diagnose and help resolve patients' pain by taking the time to fully understand her patients.

"When I first visited Hua I was experiencing considerable pain in my left knee despite visits to other professionals. Hua immediately identified a possible source of the discomfort. After a series of exercises my situation is much improved." Sue Arnold, Stowmarket. See website and Google Reviews for more examples of what patients say.

Ring **01787 247 726** or e-mail Hua@lavenhamphysio.co.uk to book an initial appointment. For more information, see www.LavenhamPhysio.co.uk

AUGUST & SEPTEMBER 2024

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CONFESSIONS OF A PRESTON 'PETROLHEAD'

Steve Thorne

Steve Thorne inherited his love of cars from his father who was a voluntary mechanic for all his neighbours. Steve, having had a career in computer programming, took a job driving for Push Forward Education Ltd who sub-contract to the Department of Education for children with special needs. He's now as much teacher as driver.

Steve has a Mercedes SLK sports car and, for day-to-day use, an all-electric Renault Zoe. The latter exceeds maker's claims and has accomplished trips to Scotland, North Wales and Cornwall. It once managed 350 miles in one day. Very cheap mileage but Steve wonders - as do many all-electric drivers - how long the batteries will last.

The main fun, however, is with his Audi Mk 1 TT (2005) and its 3.2 V6 engine. Three times per year he drives it to the Nürburgring and, with thousands of other like-minded petrolheads from around Europe puts it through its paces.

Until recently (it's just been sold) Steve's gaily painted Bentley Continental GT, with its 2006 6 litre W12 engine (two V6s, side by side) graced the forecourt of his house. It was great fun - especially on the Nürburgring where petrol consumption was about 4mpg!

The next car? Still at the dream stage: an Aston Martin Vantage - yellow, of course. JT



AUGUST & SEPTEMBER 2024



QUIZ NEWS

Remember: the first Wednesday in the month at the Six Bells, teams of 4, entrance fee £12 per person which includes a first class curry. The last one was won by The Interlopers, so buck up, Preston teams! Next quiz, 7th August.

QUIZ TIME ANSWERS from Page 17

1. E
2. I Got You Babe
3. 1989
4. The Andes
5. Salvador Dali
6. 2007
7. Hyper Text Transfer Protocol
8. Carbon Copy
9. Alfred
10. Quentin Tarantino
11. Chita Rivera
12. Horse

AUGUST & SEPTEMBER 2024

LAVENHAM GARDENING CLUB

At last we have had some warm summer days and it has been a busy time in the garden catching up with all those jobs it was too wet to do earlier on.

Perennials and annuals alike respond to a bit of sunshine and gardens everywhere are blooming well now. The roses have loved all the moisture and have been flowering non stop. A feed and continued deadheading, down to a strong side shoot, will boost a second flush of flowers later on and keep bushes tidy. Early flowering perennials often have a second flowering period too as we move into late summer and early autumn. Dahlias, chrysanthemums and Michaelmas daisies will be making a late summer show.

I have been enjoying summer raspberries but now they are finished it's time to cut down all the old canes - looking forward to autumn fruiting ones and some blueberries. It's a good time to plant strawberries for next year, either from saved runners or new plants.

Hopefully you will be enjoying fresh vegetables from the garden and there is still time to sow late salad crops. Someone recently suggested I try growing some Oriental vegetables alongside spinach and Swiss chard in my shady plot. Most vegetables need a good amount of sun to do well, so finding some sunny corners in amongst the flower beds could also work well if, like me, your vegetables get shaded out by overhanging trees.

Now the birds have finished nesting it is time to cut the hedges and prune shrubs and climbers to keep them in shape. Semi-ripe cuttings from prunings take well now - use a mix of sharp sand and compost and leave them outdoors.

While you sit enjoying your garden you could think about planting bulbs, either for flowering this autumn, such as colchicums or nerines, or spring flowering bulbs for next year which you can start in September, but leave tulip planting till November. My mother always put hyacinth and daffodil bulbs in pots for Xmas - look for prepared bulbs in the garden centre.

Sowing perennial seeds is an economical way of increasing stocks. Collect seed on dry days, label and either sow straightaway or store till spring. You may find self sown seedlings around the garden too. Where clumps of perennials are outgrowing their space or if they are dying off in the middle of the clump, dig them up and divide with two forks back to back. Prepare whole areas for new planting, rather than just the planting hole, refreshing the soil with well rotted manure or spent mushroom compost. Always water in well anything newly planted.

In early autumn, give lawns a good rake to remove 'thatch' at the roots and renew bare patches with a mixture of seed, sharp sand and compost. And finally, empty and clean the greenhouse ready for moving plants indoors. Most of all though, enjoy your garden, your produce, and the wildlife that shares your space. Our insects are seriously in decline and need all the help they can get!

AUGUST & SEPTEMBER 2024

Plants for Aug/ Sept: Hollyhocks, hydrangea, agapanthus, phlox, Japanese anemones, dahlia, Michaelmas daisies, grasses, hylotelephium (sedum), acers, colchicum, nerine

Club News: We enjoyed an excellent talk by Jim Paine on rewilding, with advice for what we can do in our own gardens to support our native flora and fauna, especially in creating 'corridors' for wildlife communities.

Unfortunately, the trip planned for Raveningham Hall has been cancelled but we hope to make this visit another time.

The summer garden party is always an enjoyable social evening for members, and the venue of Little Hall garden is looking splendid again this year.

11th Sept Garden Club Celebration - for an opportunity members to show what they have been growing, accompanied by wine and cheese, a raffle and plant sale.

25th Sept Talk by Ade Sellars 'The Good Life Gardener'

New members always welcome. Annual subscription £20, which includes all meetings details on website: <https://lavenhamgardeningclub.co.uk>

Carolyn Jenkins

Preston's gardens appreciating the summer – at last!





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Facebook: Beauty by Megan (look for my logo)

Instagram: beautybymegan_suffolk

There is nothing government can give you that it hasn't taken from you in the first place.

Winston Churchill

AUGUST & SEPTEMBER 2024



Opening Hours

Monday 10.00 – 1.00
Tuesday 10.00 – 1.00 & 2.00 – 5.00
Thursday 10.00 – 1.00 & 2.00 – 5.00
Friday 10.00 – 1.00 & 2.00 – 5.00
Saturday 10.00 – 2.00
Sunday & Wednesday - CLOSED

Suffolk Libraries Reading Quest 2024: 13th 13th July – September



What is Reading Quest?

We have had a great response with many of you signing up for Suffolk Libraries new Reading Quest, but for those of you who are still not sure what it's all about, here is a little more information:

Reading Quest is a new programme that aims to inspire children and families to read together over the summer holidays and to take part in simple, fun activities based around books and reading. The activities are suitable for the whole family and can be accessible for all needs and abilities. They can be done in the house or while on holiday. As children complete activities, they can tell library staff and volunteers about them and collect rewards. A new reward is unlocked

each week across the summer so families are encouraged to visit weekly. Families can do as many activities as they like across the summer and read as many books as they want!

Other activities to enjoy at the library:

Top Time Group

Top Time is our sociable drop-in group for all adults. We hold fortnightly Tuesday meetings from 2.30-4pm. Our August and September meetings will be held on 6th & 20th August and 3rd & 17th September.

Indoor Kurling

Join us every Friday afternoon from 2.30pm – 4.00pm for this fun indoor adult activity that helps to improve strength and mobility with refreshments and chat included!

Lego Club Held every Saturday between 11am – 12pm. A drop-in session for children of all ages.



Baby Bounce/Tot Rock: Come and join us for our Baby Bounce/Tot Rock session which starts again after the summer holiday on Thursday 12th September between 2pm - 3pm for songs, musical instruments & play! No booking necessary, just turn up.

Contact Details

Lavenham Library, Lavenham Village Hall, Church St, Lavenham

CO10 9QT



Tel No: 01787 247729

www.suffolklibraries.co.uk

Email: lavenham.library@suffolklibraries.co.uk

Suffolk Libraries HMRC charity number XT34476

AUGUST & SEPTEMBER 2024

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

Rector: The Revd. Simon Pitcher

The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 827691

Associate Priest: The Revd. Graham Naylor

Tel: 07768 283636

Associate Priest: The Revd. Elke Cattermole

Tel: 07957 419055

Reader: Mr Pete Postle

Tel: 01787 248564

CALENDAR OF BENEFICE SERVICES FOR AUGUST 2024

SUNDAY 4th AUGUST TRINITY 10	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	12 NOON	11.30am Refreshments before PRESTON PRAISE
	LAVENHAM	6.00PM	EVENSONG
SUNDAY 11th AUGUST TRINITY 11	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG
SUNDAY 18th AUGUST TRINITY 12 BLESSED VIRGIN MARY	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	MORNING WORSHIP
	PRESTON	12 NOON	PATRONAL FESTIVAL EUCARIST Followed by lunch
SUNDAY 25th AUGUST TRINITY 13	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG

THE FOLLOWING MID-WEEK SERVICES ARE HELD EVERY WEEK

WEDNESDAY LAVENHAM 10.00AM HOLY COMMUNION

Note: BCP = Book of Common Prayer (traditional language)

AUGUST & SEPTEMBER 2024

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

Rector: The Revd. Simon Pitcher

The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 827691

Associate Priest: The Revd. Graham Naylor

Tel: 07768 283636

Associate Priest: The Revd. Elke Cattermole

Tel: 07957 419055

Reader: Mr Pete Postle

Tel: 01787 248564

CALENDAR OF BENEFICE SERVICES FOR SEPTEMBER 2024

SUNDAY 1st SEPTEMBER TRINITY 14	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	12 NOON	11.30am Refreshments before PRESTON PRAISE
	LAVENHAM	6.00PM	EVENSONG
SUNDAY 8th SEPTEMBER TRINITY 15	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG
SUNDAY 15th SEPTEMBER TRINITY 16	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	MORNING WORSHIP
	PRESTON	6.00PM	HOLY COMMUNION (BCP)
SUNDAY 22nd SEPTEMBER TRINITY 17	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG
SUNDAY 29th SEPTEMBER ST MICHAEL AND ALL ANGELS	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG

THE FOLLOWING MID-WEEK SERVICES ARE HELD EVERY WEEK

WEDNESDAY LAVENHAM 10.00AM HOLY COMMUNION

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