

PRESTON PARISH PAPER

Village Activities & News | St Mary's Church | Local Clubs & Events

Dates for your Diary

Friday 4th April – Pop-up Choir
concert at 7pm in Village Hall –
See Page 27

Sunday 6th April - Preston
Praise at 11.30am for 12 noon
in the Church

Monday 14th April – Ladies’
Club at 7.30pm in the Village
Hall – OPEN MEETING – See
Page 13

Good Friday 18th April –
Preston People’s Passion at 12
noon in the Church

Easter Sunday 20th April at
6.30am in the Church – New
Fire Service followed by Bacon
Rolls and Buck’s Fizz

Sunday 27th April – Tidy Up
start at 10am in Village Hall –
See Page 11

Sunday 4th May – Preston
Praise for VE Day at 12 noon in
the Church followed by Lunch

Saturday 10th May – VE80
BBQ at 1.30pm in Village Hall –
See Page 25

Monday 12th May - Ladies’
Club at 7.30pm in the Village
Hall – See Page 13

Tuesday 13th May – Parish
Council meeting at 7.30pm in
the Village Hall

Our Editorial email address is:
editorpstmpaper@gmail.com
for future contributions.

PEACE IN OUR TIME?

In May we mark 80 years since the end of the Second World War in Europe – VE Day. It is also 80 years since the US Eighth Air Force departed our shores, and we remember particularly the 487th Bomb Group USAAF who served at Lavenham Airfield in 1944/45. The 487th lost 233 men killed in action, and their families and surviving veterans have continued to visit us ever since.

This is both a time for remembrance and a time for celebration. Around 80 million people died during the War, but the scenes on May 8th 1945 were of singing and dancing in the streets to welcome ‘peace’.

In August we will observe the 80th anniversary of VJ Day, when the war against Japan finally ended. It is especially relevant for us as the Suffolk Regiment served in the Far East until the end.

Today there is once again war in Europe – and again there is much talk of ‘peace’. Neville Chamberlain offered a so-called peace in 1938, but one which depended on sacrificing much of Europe in return for a proven liar’s undertaking to leave Britain alone.

Winston Churchill summed it up very well – “An appeaser is one who feeds a crocodile, hoping it will eat him last”.

Could History be repeating itself?

If you’ve any thoughts, points of view, experiences or protests to share, please write to the editors. We would love to hear from you, and so would the rest of our readers.

WHO'S WHO IN THE VILLAGE

Parish Council

CHAIRMAN Peter Korwin
CLERK Kay Shorter 07561 060041 prestonpcclerk@gmail.com

Parochial Church Council

RECTOR Revd Simon Pitcher 827691 revsimon63@gmail.com
CHURCHWARDEN Keith Davis 247112 keithhdavis@btinternet.com

Friends of Preston St Mary Church

CHAIR Glynis Huggett 01449 741389 glynishuggett@gmail.com

Village Hall

CHAIRMAN Annie Mason 07740 820100 ranniemason@btinternet.com
SEC./BOOKINGS Sue Diggins 247626 sdiggins2rda-east.org.uk

Art Group

Monday mornings, 3 terms of 10 weeks
CO-ORDINATOR Sarah Williams sarahwilliams74@gmail.com

Ladies' Group

Informal gatherings arranged for most months of the year, usually on Mondays
CO-ORDINATOR Anne Springall 247156 annespringall@gmail.com

Table Tennis

Thursday Evenings at 7.30 in the Village Hall
CO-ORDINATOR Dave Williams williams.jackdaws@btinternet.com

Carpet Bowls

Friday Afternoons at 2.30 in the Village Hall
CO-ORDINATOR Maggie Bardzinski maggiemossbar@aol.com

Preston Pop-up Choir

MUSICAL DIRECTOR Lyn Davis 247112 divalynx@aol.com

The Six Bells Pub 247440 reservations@thesixbellspreston.com

Tree Warden Lyn Davis 247112 divalynx@aol.com

Preston St Mary Parish Paper

News of events & village life, distributed free to every household, bi-monthly
EDITORIAL BOARD Robyn Lloyd Hughes, Jack Tasker, Caroline Gove editorpstmppaper@gmail.com

Doctors' Surgeries

Bildeston 01449 740254 Lavenham 378226

Local Councillors

Suffolk County Council Robert Lindsay (Green Party) robert.lindsay@suffolk.gov.uk

Babergh District Council Deborah Saw (Green Party) deborah.saw@babergh.gov.uk

Community Liaison Officer Cally Boardman cally.boardman@suffolk.gov.uk

Police - Non-emergency number 101

Police Community Engagement Officer – PC Jon Gerrish ceosudburyhaverhill@suffolk.police.uk

Our Ward is North West Cosford

A PASTORAL LETTER FROM THE RECTOR

Dear Friends,

In April we celebrate the most important festival of the Christian year, Easter.

³ Peter and the other disciple started for the tomb. ⁴ Both were running, but the other disciple outran Peter and reached the tomb first. ⁵ He bent over and looked in at the strips of linen lying there but did not go in. ⁶ Then Simon Peter came along behind him and went straight into the tomb. He saw the strips of linen lying there, ⁷ as well as the cloth that had been wrapped around Jesus' head. The cloth was still lying in its place, separate from the linen. ⁸ Finally the other disciple, who had reached the tomb first, also went inside. He saw and believed. ⁹ (They still did not understand from Scripture that Jesus had to rise from the dead.)

It is a crazy idea to suggest that a person has risen from the dead, but that is the basis of the Christian faith. During April we will remember again how Jesus was welcomed into Jerusalem on the first Palm Sunday. The crowds waved and cheered as they looked forward to what he would do for them. We will remember the story of how the Temple authorities in Jerusalem became jealous and fearful of Jesus and plotted to execute him, and of how the Roman soldiers under Pontius Pilate nailed Jesus to the cross. He died and was buried on the first Good Friday. But on the first Easter Day, the following Sunday the disciples found the tomb empty and Jesus was risen.

St Paul describes Jesus' resurrection as the first fruit, the first for whom God has done this thing, but that our hope in Christ is that he will raise us also to new full life.

But Christianity is not just about heaven when we die. The pattern of rejection, violence and death is one we can recognise in so many ways in the world. War, economic problems, environmental disaster, family breakdown, unemployment, ill health are all expressions of the darkness that led Jesus to the cross. The message of Christianity into our world today is that loss is never the end. The risen Jesus shows us the power of love, forgiveness, hope and life, the opportunity to make things new.

Easter is a Springtime celebration when the natural world is full of the promise of new life. There is colour, warmth and birth all around us. Wherever there is brokenness or death things can be healed and a fresh new start can be made, especially when we accept that we are never alone but that in Christ we are forgiven, loved and blessed.

May the risen Christ Jesus be with you this Easter

Rev Simon

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THE ROYAL BRITISH LEGION, LAVENHAM



Many will be aware that there is a social club in Lavenham, but the main raison d'être of The Royal British Legion is to aid and support ex members of the armed forces or their dependents who are experiencing difficulties.

If you fall in that category, or know someone who might, and would like to speak to The Legion, please phone 01787 249571 or 07817 316024 in complete confidence.

VE Day 80

Victory in Europe Commemorations



CELEBRATING FIVE HUNDRED YEARS OF LAVENHAM CHURCH

This year Lavenham church tower will be 500 years old. It is one of the tallest, most magnificent village church towers in the country.

The church family invites the whole community to join us in celebrating this significant birthday. We have prepared a whole range of events throughout the year which we hope will offer something to everyone. We have historical lectures and concerts, our Tudor Fair and Family Fun Day, plus a specially brewed beer to get us in the party mood, so there is plenty going on. In the brochure which has been distributed you will find details of all the events that are taking place. We would love you to join us.

Rev Canon Simon Pitcher

PRESTON ST MARY CHURCH

GOOD FRIDAY PEOPLE'S PASSION SERVICE



12.00 NOON FRIDAY 18TH APRIL

A Lay-led service in which members of the congregation share their thoughts and ideas on the Passion of Christ in words, music and pictures

EASTER SUNDAY NEW FIRE SUNRISE SERVICE



6.30AM SUNDAY 20TH APRIL

Followed by an Easter breakfast of bacon butties, sausages and Buck's Fizz.

IF YOU WOULD LIKE TO ATTEND THIS SERVICE PLEASE CALL SUE ON 01787 247626

THE COCKTAIL HOUR

A challenging cocktail from the Maldives - for those who dare:

“Tropical Island”

Vodka
Rum
Gin
Cointreau
Peach purée
Lime
Cranberry juice

Experiment with the proportions to suit your taste.

Make of that what you will!

MONKS ELEIGH POST OFFICE

Opening Hours

May be subject to alterations dependent on volunteer availability (Check our social pages)

Monday	9.00am – 4.00pm
Tuesday	9.00am – 1.00pm
Wednesday	Closed
Thursday	9.00am – 1.00pm
Friday	9.00am – 1.00pm
Saturday	Closed
Sunday	Closed

The Community Shop is open 9.00am – 5.00pm Monday to Friday
and 9.00am – 12.30pm Saturday and Sunday

PRESTON ST MARY ANNUAL PARISH CHURCH MEETINGS

The Annual Parochial Church Meetings will be held at 7.00pm after Evensong on Sunday 27th April. All parishioners are invited to attend, but if you wish to vote you must be on the Church Electoral Roll. The Electoral Roll is renewed every six years and this year is the update year. If you are already on the Roll or wish to add your name please contact the PCC Secretary Sue Diggins on 01787 247626 by 20th April.

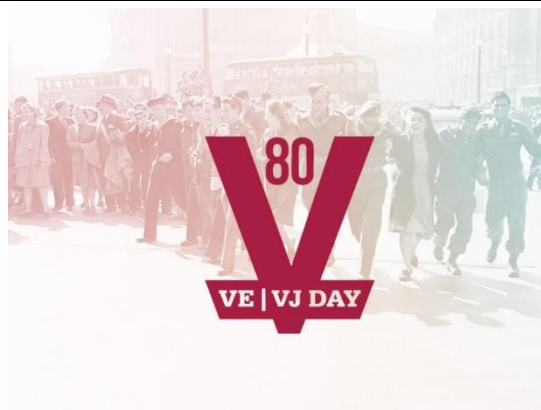
PRESTON ST MARY CHURCH

Preston Praise

Our Preston Praise services have been very encouragingly received, preceded as they have been by mini-croissants, Chelsea buns and *pains au chocolat*, which have gone down very well, along with the fresh coffee or tea. The services are led by members of the congregation and are more relaxed and informal than the celebrations of Holy Communion and Evensong that we hold on most other Sundays. Our six magnificent bells are rung beforehand, and music always plays an important part in the proceedings.

**11.30AM REFRESHMENTS BEFORE
12.00 NOON ON SUNDAY 6TH APRIL**

**Just an hour or so – good fellowship.
Come and try it!**



**12.00 NOON ON SUNDAY 4TH MAY
SPECIAL SERVICE TO MARK THE 80TH
ANNIVERSARY OF VE DAY**

On Sunday 4th May we will change our usual format. Instead of refreshments before the service we will start at noon and follow the service with lunch. We will commemorate both the horrors of the War and the celebrations for the coming of Peace. This will also be an opportunity for the Benefice to bid farewell to Pete Postle, our Lay Reader, who leaves us later in the month.

Preston St Mary Parish Paper Advertising Charges

ONE-OFF ADVERTISEMENTS

Local Events	Free of charge
Full page advertisements for locals	£9.00
Full page advertisements for non-locals	£18.00

FOR 6 ISSUES

Local Organisations

Quarter Page	£9.00
Half Page	£18.00
Full Page	£36.00

Non-Local Organisations

Half Page	£36.00
Full Page	£54.00

Issues: Feb/Mar; Apr/May; Jun/Jul; Aug/Sep; Oct/Nov; Dec/Jan

Editor: editorpstmppaper@gmail.com

Copy Dates: At least one month prior to issue date

Cost of Living Support in Babergh

Dealing with energy debt:

- Supplier grants - many energy suppliers have grants to reduce or clear debt if you meet their criteria. Speak to your energy supplier to see what help you can get.
- Citizens Advice - offers advice for energy, debt and more. They can support you to create a budget, negotiate with your supplier and boost your income.
- Benefit entitlement – payments such as Warm Homes Discount, Cold Weather Payments, and Winter Fuel Payments can add up to hundreds of pounds to help you pay your energy bills – but you'll need to be claiming certain benefits to get them. Benefit checks can be done online at www.gov.uk/benefits-calculators, or by contacting your local Citizens Advice.

More information

Visit www.babergh.gov.uk/energy-fuel-and-utilities for more resources to help you keep fuel and utility costs down.

If you would prefer to speak to someone, you can contact our Customer Services team on 0300 123 4 000, option 7 to discuss your situation and find local organisations available to support you.

Elysa Dale

Poverty Reduction & Digital Inclusion Lead

Babergh District Council and Mid Suffolk District Council - Working Together

Tel: 01449 724 944

www.babergh.gov.uk www.midsuffolk.gov.uk

PRESTON ST MARY POP-UP CHOIR

Our preparations for the Charity Concert on 4th April are well underway. The theme is 'Transport' including 'Beyond the Sea', 'Morning Town Ride', 'Sailing' and my favourite, 'Tuxedo Junction' to name but a few.

The weekly sessions are very busy. Sara leads the warm-up with breathing, shoulder and vocal exercises. Lyn then packs the rest of the hour with a mix of music styles along with tuition and techniques. It is usually light hearted and always fun. Let's hope we can remember it all when we perform!

Again we have welcomed new members but sadly we have also lost a valuable choir member. Our lovely friend Robert died on 12th March and we shall all miss him terribly. His smile and cheerful disposition always such a joy.

We do hope you will come to our concert. All proceeds will be for East Anglia's Children's Hospices and Macmillan Cancer Support.

SESAW – Suffolk and Essex Small Animal Welfare

IMPORTANT NOTICE REGARDING SESA W ANIMALS

Suffolk & Essex Small Animal Welfare is closed and in the process of winding down. We no longer have any animals but need to trace anyone fostering a SESA W animal. If you are one of our Foster Carers and have not yet been contacted, please contact 07720 079370 as soon as possible.

Please DO NOT surrender an animal to anyone purporting to represent SESA W. If in doubt, contact the above number immediately.

NOTICE TO ALL PET OWNERS

All cats and dogs must now be microchipped by law and their details kept up to date. Please ask your vet to scan your pet and check the registered details are correct.

They will be able to tell you which database to contact or you can check here:

<https://www.check-a-chip.co.uk/> If you have a SESA W pet you can email info@sesaw.co.uk with your details and the chip number and we can check for you until 31st March.

We thank all past and present friends and volunteers for their support and dedication to animal rescue over the years. They all contributed towards the Charity's reputation and success story. SESA W could not have existed without them.

The Trustees
February, 2025

FROM PRESTON ST MARY TREE WARDEN LYN DAVIS

OAK TREES

As music is my 'thing' I thought I'd start with a few words from a good old British Folk Song: 'Heart of oak are our ships, Heart of oak are our men'.....written by William Boyce and David Garrick in 1759. I'm not going further into the song because it becomes controversial! Suffice it to say that it is the official march of the Royal Navy and several Commonwealth countries, apart from Australia who replaced it and Canada who are seeking to replace it after deciding that the lyrics are disrespectful and outdated. I love the tune though!

Oak trees are a national treasure. The majestic oak is one of the most well-loved and recognisable trees in Britain steeped in culture, history and biodiversity. There are over 600 species of oak worldwide but only two of these are native to Britain. Those are English Oak and Sessile Oak.

The English Oak (*Quercus robur*) has leaves with short 5mm stalks and basal ear-like lobes (auricles). The acorns are stalked with up to four acorns on each stalk. By comparison the Sessile Oak (*Quercus petraea*) has larger leaves with longer stalks, 10 to 20mm and no auricles. The acorns are stalkless.

The Lucombe Oak is a large evergreen natural hybrid between cork oak (*Quercus suber*) and turkey oak (*Quercus cerris*). The tree takes its name from William Lucombe who grew a number of seedlings in his nursery in Exeter around 1762. The original tree was felled by Mr. Lucombe for his own coffin. He stored the timber under his bed but then lived much longer than he thought he would (102 years old), so he had a larger tree cut down and stored these new boards under his bed until they were eventually needed!

As far as supporting biodiversity ancient oaks are the most important tree in Britain, supporting an incredible 2,300 wildlife species from bats and birds to fungi and insects. Over 300 species are completely dependent on native oak trees for survival. Jays love acorns and hide them away for the winter, giving them an important role in the tree's distribution.

Don't forget: 'from little acorns grow mighty oaks'.

PRESTON ST MARY PARISH COUNCIL

2025 Meetings

The dates for the Parish Council meetings for the rest of this year are:

May 13th

July 22nd

September 23rd

November 18th

All meetings at 7.30pm in the Village Hall. Should extra meetings be required during the year they will be announced on the website.

Kay Shorter

Parish Clerk

Your Village Needs You!

(again)

Please come along to a Village Tidy Up
We will be having a litter pick, a bit of a tidying
the grounds around the Village Hall, a few of the
Trees on the Village Green need the grass cleared around them
and the benches need sanding and treating with oil
Starting at the Village Hall at 10.00 am on Sunday 27th April

Please come along and join in,
there will of course be refreshments
at the Village Hall afterwards.
Please contact Kay Shorter the Parish Clerk for more
details either by email; prestonpcclerk@gmail.com
Or phone 01787 249492



Megan is a beauty and skincare therapist
with over 20 years' experience.
Your treatments are at my rural retreat in Hitcham
Appointment only with reserved parking

A variety of treatments include:

Dermalogica expert skincare
Spray tanning/Waxing/Eye treatments
Manicure & Pedicure/Gel Nails
LVL Eyelash perming/Reflexology

Please contact me for any enquiries or for a full price list.

Megan Pryke VTCT, BABTAC 07876 717 008

megz_pryke@hotmail.com

Facebook: Beauty by Megan Hitcham (look for my logo)

Instagram: @beautybymegan_suffolk

Or log onto Fresha and book online at your convenience.

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PRESTON ST MARY & DISTRICT LADIES CLUB

New Members will be warmly welcomed to our meetings, so do come and join our group of lively ladies. Our annual subscription is only £10, and just £3 when you attend a meeting, which includes raffle prizes and refreshments. Village Hall meetings start at 7.30pm and are usually held on the 2nd Monday of the month.

2025 PROGRAMME

So far we have the following confirmed bookings. Hopefully, when we can rely on the weather, I will arrange some outings. The following dates are for meetings in the Village Hall.

April 14th – ROBYN LLOYD HUGHES will give a talk entitled 'THE TRAIN TO PRESTON St MARY WILL DEPART FROM PLATFORM 1'. This talk is linked to the national 'Railway 200' programme of events marking 200 years since the first public railway opened in 1825. It looks at the 'Great Railway Mania' which followed, during which countless lines were planned but many never built. This will be an OPEN MEETING, to which menfolk will be graciously admitted.

May 12th - An illustrated talk to be given by the charity EACH - East Anglian Children's Hospices, which I am sure you will agree is a very worthy cause.

June 9th - A talk by CAROL ROGERSON, entitled 'MANAGING A BUSINESS IN THE THIRD MILLENNIUM'. Carol is a McDonalds Franchisee for Suffolk and Norfolk and owns and operates 21+ McDonalds Restaurants.

No meetings in the Hall for July and August

September 8th - LYN DAVIS will be giving us a talk (with photos) about the various costumes that she has worn whilst she was with the English National Opera.

October 13th - ANNE SPRINGALL will talk about DAME ALIX MEYNELL who was a force to be reckoned with and was one of only two women to be admitted to the Civil Service in 1925, where she made her mark in the Board of Trade with rapid promotions. In her late 80's she published her book 'PUBLIC SERVANT, PRIVATE WOMAN'. Alix had a long and productive life and I am proud to have been her Secretary for 17 years.

November 10th - TBA

REPORT ON PREVIOUS MEETING

March 10th – A GET TOGETHER. This was our first meeting of 2025 which we celebrated with a glass (or two) of Prosecco (or a non-alcoholic drink if preferred). We had a lively and enjoyable first meeting for 2025 which gave us the opportunity to just sit and chat and catch up with each other in a relaxed way.

Please get in touch with me if you are reading this article and think that you might like to give a talk to Preston Ladies Club. I would very much like to hear from you. Contact Anne Springall on 01787 247156 or email annespringall@gmail.com for more information. I am always glad to hear from you.

QUIZ TIME

There are no prizes – answers are on Page 31

1. What is the name of the country formerly known as Nyasaland?
2. Which element has the chemical symbol K?
3. Who played Bonnie in the film *Bonnie and Clyde*?
4. Which submarine was first to sail under the Arctic Ice Cap?
5. Who was the lead singer with the band *Culture Club*?
6. Which Church of England Bishop captained England at Cricket?
7. What does UAE stand for?
8. Who wrote the play *The Playboy of the Western World*?
9. Where is the Traitors' Gate?
10. Who were Shem and Ham and Japheth?
11. In which year did the Battle of Agincourt take place?
12. Who wrote the *Thomas the Tank Engine* books?

POETS' CORNER (1)

[Spring Haikus] Life

The passage of friends
with us through the waking land
is sunlight on frost.

Like a trembling drip
from a leaf in a wet spring
a moment passes.

Winter ice throttles
the life from the frozen land
but snowdrops don't care.



©Tim Bridges March 2025

Lavenham artist Reginald Brill

By Kate Hanlon



This artist fell in love with Lavenham and its medieval beauty, becoming warden of The Little Hall which was a hostel for art students at the time. He had a studio in the chapel of the Guildhall from where he travelled to Sudbury, Bury St Edmunds and even Kings Lynn to draw livestock auctions, village fetes and shows. He liked to draw groups of figures in market squares and figures in local situations. He drew a lonely figure in the waiting room of the long-gone station in Lavenham as well as the bell ringers in the church.

He was a trained artist who attended the Slade School of art in 1921 as well as studying in Rome.

I love his style, its simplicity, its liveliness, its recording of the time. He was one of many talented artists in Suffolk who provide a peek into the past through their careful observation...





Peter and Val Gutteridge's Vintage Morris 8 Tourer

I never dreamt that I would ever own a vintage motor car (being more interested in model traction engines, to be honest!), but after I saw our friend Steve's Morris 8 restored to its former glory I was so taken with it, I thought that it would be nice to own one!

Quite by chance, a 1936 Morris 8 tourer, living in Halstead, was looking for a new, "forever"?? home. Exterior green paintwork looked in quite good condition, as was the red hood. The interior was upholstered in red leather, with a walnut dashboard, two bucket seats in the front with a small bench seat behind. I was smitten! But I didn't want to go to a full "bib and braces" restoration job. However, it was in April 2016 that CLU167 entered our lives. This was duly purchased and was trailered back to our Kettlebaston home. With Steve's help, we decked her out with bows and ribbons, ready to be presented to my wife, Val, for a belated anniversary present. Val was somewhat taken aback by this surprise but accepted gracefully and decided to name this lovely old lady Emilia. Val's first car was also a Morris 8 (E type) so she was familiar with the vagaries of double de-clutching and using the starter handle (be sure to keep the thumb out of the way - those handles have a habit of "kicking").

Our first outing in Emilia was a brief trip round the village. To my horror, I discovered that the braking system wasn't working! Fortunately, we arrived home safely and parked, with a sigh of relief. Consequently, the wheel cylinders were removed and taken to "Past Parts" in Bury St. Edmunds to be re-furbished; new brake linings were also bought and fitted. The brakes did work, but not as efficiently as a modern day vehicle!

We were determined to start having fun with Emilia so decided that a trip to the Monks Eleigh Swan was in order; we were pleased that we were able to fold the hood down as

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the weather was perfect. We just about managed to get home when the fuel ran out; we realised that fuel consumption was heavy and reckoned that we had done about 8 miles to the gallon using E10.

We've had several very enjoyable outings since - we seem to be attracted to some local hostelrys for some unknown reason! A few years ago we ventured as far as Woolpit Steam Rally, where Emilia had been entered in the Vintage Car Section. She was greatly admired and Val was very proud to have driven Emilia round the show ring (as in the photo).

She has been entered for this year's two days' Woolpit Steam Rally, Vintage Cars section. We look forward to that annual event, and chatting to Vintage Car enthusiasts - always a friendly lot - and not to mention other outings with the hood taken back.

The Benefice of Lavenham with Preston St Mary Holy Week (13-19 April 2025)

On **Palm Sunday** with traditional palm crosses we recall the entry of Jesus into Jerusalem, riding on a donkey to the shouts of *Hosanna* from his many followers. In Preston St Mary Parish Church we have Evensong at 6.00pm.

The Church invites us to travel the Way of the Cross with Our Lord during **Holy Week**, and each evening from Monday to Wednesday at 7.00pm at Lavenham we shall share in the beautiful evening **Office of Compline** with a short meditation.

On **Maundy Thursday** at 7.00pm at Lavenham in the Eucharist we will join with Our Lord and his disciples at the Last Supper.

On **Good Friday** we watch as his disciples in disbelief and dejection witness his death on the Cross. At 12.00 noon in the Preston People's Passion we are led by members of the congregation in Preston St Mary Parish Church to meditate in words, music, pictures and prayer on the events and meaning of Good Friday. In Lavenham we gather for the final hour from 2.00-3.00pm in a service of prayerful reflection with music from the Taizé community.

To journey together in this way through Holy Week prepares us all for the dawning of Easter Day.

Easter Day (20 April 2025)

On **Easter Day** we celebrate the empty tomb and the risen Christ.

Preston St Mary's 6.30am short Easter Communion begins outside with the lighting of the Easter Fire from which is lit the Paschal Candle symbolising the unquenchable light of Christ for the whole world. Join us for an early breakfast of bacon butties and Bucks Fizz afterwards!

At Lavenham there will be Easter Communion services at 8am (Book of Common Prayer) and at 10.15am a sung Eucharist.

An Octogenarian's Adventure in Namibia February 2025

Endeavouring to escape the cold winds of February again this winter, I decided to return to South Africa which I had enjoyed so much in 2024. This time, however, I decided to travel to Namibia first, a country neighbouring South Africa but which I knew very little about, except that friends had said how strange and beautiful it was. As a nation it has had a very odd political history in modern times, coming under the aegis of German South West Africa 1889-1919 before being under the sway of South Africa and finally in 1990 achieving Independence and surprisingly joining the Commonwealth. This was new to me as to many Namibians to whom I spoke.

I flew via Frankfurt to Windhoek (the capital) and with no time to tour the German architecture of the city, was whisked immediately to a small air strip where Richard my pilot was waiting to fly me in a small 4-seater plane for two hours to reach my destination *The Skeleton Coast*.

We flew over extraordinary mountain scenery, a variety of rocks determining the character of each ridge. In one area I looked down onto sparkling white crystal. There are diamonds in Namibia but no one seems to want to talk about them. Arriving at another small airstrip I was met by Bravo my guide who drove me in a 4x4 to Skeleton Coast, an area which has a very dramatic history of shipwrecks and dangerous rescues together with



the bones of whales and other marine animals swept up on its shore. Aptly enough, I stayed in a place called Shipwreck Lodge which, though our cabins were very luxurious on the inside, at first sight I imagined had been made from distressed ships. The Team at the Lodge discussed with me what I wanted to see and everyday Bravo drove me out into the amazing desert to see the wonderful mountains of granite, basalt and others which had incredible shapes and and a whole artist's palette of rather pale natural hues. A picnic lunch was taken one day by the beautiful sea, alone with several staff in attendance, with even my own loo which they erected especially. Another time we stopped at a natural spring and had lunch with an English and German couple who had joined me. Always the sundowners were much appreciated by us all, the best time of the day with a drink in hand to witness incredible sunsets.

From there I was flown in another small plane, this time by Andre, an older pilot, who had mapped the whole country from the air. This must have been quite a job as Namibia is a vast and empty land. We landed in the Sossusvlei area and drove to Wolwedans Desert

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Lodge. This desert was much hotter than Skeleton Coast but the excursions followed the same pattern of early morning and early evening to catch the sunset. Again there was an artist's palette of colours but much richer this time in reds and oranges, black and yellow. Ancient volcanic activity had thrown up boulders of great size and solidity.

My guide Jonathan was very thoughtful and helpful and imparted his special knowledge of the animals, plants and terrain that we encountered. This time we saw herds of Oryx instead of the odd one at Shipwreck and they approach very close and stare at you in their lugubrious way. The odd jackal passes by and no food must be left in your room. Wolwedans has set up its own foundation and I was amazed to find that our really fresh salads came from the garden of its school set up to take about 20 students of hospitality and horticulture. Their recycling unit was admirable, never throwing anything away. I was most impressed with the vision and ethos of the school which is a beacon to the world of how things could be done.

It was hard to tear myself away from the idyllic place but I had to catch another small plane to Windhoek and then a larger one to Cape Town. Having had two flights in small aircraft I was quite happy to take the third but this one was different. Two pilots, one a trainee who was supposed to fly the plane, found a fault just as we were about to take off.



Leaking fluid on the left brake. No substitute plane was available so I hung around while they decided they could mend the fault by which time the weather had changed and there were rainstorms ahead. They said we should experience turbulence. The little craft was buffeted on all sides and as I looked out of the windows streams of torrential rain could be seen heading for us. Beneath us were the most incredibly dramatic mountains and when we succeeded in flying over one ridge there was very little flat earth that I thought we might land on before the next crags loomed into sight. I really thought I might die and began to pray. The good Lord answered and we eventually landed safely in Windhoek.

The stress was enormous and I just had to rest, but my troubles weren't over. I had not done my homework and found out that Windhoek is the fourth highest capital in the world.

I had had a turn in Mexico City a few years ago and thought then I should not go to high places. Altitude sickness or stress made me feel quite ill the next morning and I couldn't wait to get to Cape Town where luckily I calmed down and enjoyed my sunny days there, and then the wonderful Game Reserve later.

Namibia was certainly an adventure. The power of the land is visible everywhere there. I have visited many places in the world and Namibia is definitely unique, and I was fortunate to be able to experience its treasures.

Janet Martin

POETS' CORNER (2)

Edwin Snelling RIP

Whether you're a boozier or a swanky gastro-pub,
Whether you serve honest ale or fancy, foreign grub,
Whether high-end dining or a beardy CAMRA hub,
You're always going to need an Edwin Snelling in your pub.

He's the one who's always there, whenever one arrives.
He's the chap you'll always find in drinking dens or dodgy dives.
He'll be there to cheer you up if you're feeling under par.
He's the one who's always on his stool at one end of the bar.

He's always pleased to greet you with a cheerful, friendly word,
Whether "Cuh!" or "Cool!" or "Cor!" or "Phew!" or stories you'll have heard.
You'll never have to drink alone while Ed is there to fill
The role of drinker's mate, and boost the takings of the till!

In Lavenham and Sudbury, Brent Eleigh and in Preston
Ed would find a listening ear and bar stool he could rest on.
And when he drove you'd often hear an angry driver's hooter,
Full of sound and fury stuck behind the Edwin scooter.

So farewell Eddie, drinker's friend, I know we're going to miss you.
Your hearty cheer and Amstel beer and shouting at my quiz too.
And though your words were sometimes slurred as beers and takings mounted,
Their meaning never mattered much, your presence was what counted.

So thank you Eddie Snelling 'buh, for always being there.
You gave our Suffolk boozers something comforting and rare.
A reassuring constancy, a sailor's Northern Star -
Our world's OK, at least today, 'cos Eddie's at the bar.

©Tim Bridges March 2025

NATURE NOTES - Ponds

This paper tends to promote the importance of garden ponds for wildlife.
Size and depth – Any size will do - the larger the pond, the more wildlife it will attract. But size isn't everything – even a mini pond will provide a habitat and water source for plenty of small creatures. Ideally, aim for a depth of 20–60cm (8in–2ft), which varies across the pond, as this will suit the majority of pond flora and fauna. JT's recently dug, 3 metre X 1.5 metre pond was explored recently by a pair of mallards.

PRESTON 'PEOPLE'

LAMBY

Born – 8th March 2020 (Pisces)

Likes: Sunbathing
Using my scratching post
Eating sheep nuts
Nice soft hay
Fresh grass
Sniffing buttercups
Bleating loudly
Cuddles with my mummy Katie

Dislikes Loose dogs
Vets
Rain
Being wormed
Having my toenails trimmed
People talking loudly on mobile phones near my field



When I was born in 2020 I nearly died. I lived in the house for a week and had to be carried about in a laundry hamper until I could stand. I wore a nappy and was allowed on the sofa to watch TV by the fire. I shared my bed with Corporal Jonesy the pug, who still comes to visit me.

I became a Mum for the first time this February. It was a difficult birth and I had to go to the Vet. I only had enough milk for Boris Jr, but luckily mummy made milk for Lamby Jr. Boris is a terrible mummy's boy and needs a lot of attention.

Katie Lloyd Hughes



COOKS' CORNER

Apology - in our last issue we published two salad recipes but forgot to credit Jude Shenton, who sent them to us.

We are always grateful to receive recipes to share – please keep them coming.

This one is from Miranda Elgar. Miranda is proprietor of Café Como, Brent Eleigh, but is an accomplished cook in her own right. She strongly recommends the following.

A delicious spiced saffron chicken

Take a medium/large chicken 1.5kg or so...

Rub with oil and curry powder (preferably Vadouvan spice mix) and leave for an hour. Roast the chicken in a casserole dish at 180°C for 1 hour 20 minutes.

Remove chicken onto a plate and fry a chopped onion, finely chopped garlic, 6 crushed cardamom pods and chilli in the juices from the casserole. Add rice and a pinch of saffron and continue to sauté before adding 500ml chicken stock.

Return the chicken to the pan, cover and cook for a further 30 minutes or until the rice is tender. The result should be a mild spiced chicken that you can carve and serve with tasty rice.

HISTORY NOTES

Saint Edmund the Martyr – King and Patron Saint

Few historical facts about Edmund are known. It is believed that he was born in 841 AD and became King of the East Angles on the death of his father Æthelweard in 855 AD.

The Great Heathen Army was a coalition of Viking warriors from Scandinavia who invaded England in 865 AD. and aimed to conquer and occupy the four kingdoms of East Anglia, Northumbria, Mercia and Wessex. The invaders initially landed in East Anglia, where Edmund supported their campaign in return for a peace treaty. In 869 AD the Army returned to East Anglia, conquering it and killing Edmund.

A popular cult emerged after Edmund's death, and he was canonised by the Church. In the 11th Century he was recognised as the Patron Saint of England, a status that has never been officially revoked.

Edmund is reputed to be buried in Bury St Edmunds, but his remains have never been found. There have been numerous theories, including one that claimed he was under the tennis courts in the Abbey Gardens, but since Richard III was found under a car park anything is possible.

RLH

VILLAGE HALL NEWS

NOW A GREAT VENUE FOR PRIVATE PARTIES AND FAMILY CELEBRATIONS

We now have a Village Hall of which we can be proud, featuring a modern and well-equipped kitchen along with accessible toilets, with wide access to the rear space.

Comfortable seating indoors is available for up to 50 people, with service direct from the kitchen.

There is room for some car parking in front of the building and we are able to arrange greater capacity nearby.

Terms are competitive, with a simple hiring agreement. Please contact our Secretary, Sue Diggins (01787 247626), for details.

Spring is just around the corner and hopefully it will bring some fine weather for the following events:

4th April - Pop Up Choir's Concert in aid of the MacMillan Cancer Charity and The East Anglia's Children's Hospice. Tickets are on sale at £10 per head.

On 27th April the Parish Council are organising a Community Tidy Up in the village which will hopefully include the Village Hall grounds. Starts at 10.00am, coffee and cake will be provided.

10th May - V.E. Day's 80th celebration barbecue. The Suffolk Beats will be entertaining us with their usual excellent music. Tickets will be £12 if ordered in advance or £15 on the day. Doors open at 1.30pm, food from 2.30pm. There will be a bar and a raffle.

During July we plan to hold our usual village barbecue.

ANNIE MASON Chairman, 07740 820100
SUE DIGGINS Secretary, 01787 247626
KEITH DAVIS Treasurer, 01787 247112



White House Staffers are to be issued with weapons for personal protection

FRIENDS OF
LAVENHAM AIRFIELD

COMMEMORATING THE SERVICE AND SACRIFICE OF
THE 487TH BG, 8TH USAAF



The USA Memorial Holiday weekend falls on the 24th – 26th May this year. On Sunday 25th May Lavenham Church's morning service will be dedicated to marking the 80th Anniversary of VE Day and the departure of the USAAF 487th BG from Lavenham Airfield. The Airfield will be open to the public, and there will be a ceremony at 12 noon on that day at the memorial to the 233 men who died while flying with the 487th Bomb Group during WW2. For more information on this and other events organised by the Friends of Lavenham Airfield please contact Robyn Lloyd Hughes on 01787 247571 or email robynllloydhughes@gmail.com.

If you would like to learn more about Lavenham airfield and the 487th Bomb Group the 'Friends of Lavenham Airfield' (FOLA) offer a guided airfield walk on the second Sunday of May, June, July, August and September. Places are limited so booking is essential. You can book in person or by telephone at the Lavenham HUB, 2 Lady Street. Tel: 01787-249939.

Mon, Tue, Thu, Fri 10.30am-2.30pm. Sat 11.00am-2.00pm.

All proceeds go towards the USAAF 487th Bomb Group Memorial Fund

APRIL & MAY 2025



Preston St Mary VE 80 Celebrations
Saturday 10th May



BBQ and band

at the Village Hall

fun starts at 1.30 BBQ from 2.30

Music of the 40s'

and more from The Suffolk Beats

Price is £12.00 per head if booked ahead, or £15.00 on the day

Under 5s free

PLEASE BOOK WITH SUE DIGGINS ON 01787 247626

OR ANNIE MASON ON 07740 820100

Licensed Bar



Come and have a go at boules



DANCING: PRIVATE TUITION

Friday mornings in the Village Hall. A wonderful social skill and great fun at the same time!

Private tuition in rock'n'roll, Ballroom and Latin dances.

You get to choose the dances that you want to practise or improve. You also choose whether to seek pure enjoyment or aim for medals.

Contact Sally Copple for more details. Tel: 07764 151525



VE Day celebrations 8th May 1945

Dancing in a London street on VE Day to celebrate the end of WW2 in Europe

APRIL & MAY 2025

The Preston Pop-up Choir presents



Charity Concert

In Preston St Mary Village Hall

Friday 4th April 2025 at 7.00 pm

This year's theme is TRANSPORT

***A fun-filled programme of favourites sung by the Pop-ups and
close harmony group Preston Belles.***

***Proceeds to MacMillan Cancer &
East Anglian Children's Hospice***

Charities that help people through particularly challenging times.

Donations Bar

Raffle

Entry £10. Reserve your seat now - telephone 01787 247626



AGRICULTURAL NOTES



Gary Elsden started our meeting on a positive note, reporting that he had been drilling for Spring barley and fertilising wheat and barley. He was hoping to drill for the first half of the sugar beet crop - if the weather held. As usual, so much depends on the weather - always unpredictable.

Sugar beet won't grow in soggy ground. Interestingly, it has to be drilled by an outside contractor as it requires special equipment and a specialised operator. Good luck, Gary.

BOOK REVIEW

Alasdair Cross, "The Spitfire Kids", Headline Publishing Group, 2020.



There can be no greater icon of British triumph in military matters than the Spitfire. But if you expect yet more tales of technological triumph and British heroics you'll be disappointed. In fact it's not clear what is the purpose of the book. From a historical point of view the distribution of production to avoid presenting a single target is important - but boring. Similarly, a biography of Mitchell, the Spitfire's creator, is important but not boring. Likewise the chief test pilot, Quill. Female ATA pilots ferrying aircraft is important history but not peculiar to Spitfires.

There's no answer offered to the question, "Was the Spitfire IX better than the Messerschmitt 109?" or "Was the Leigh-Mallory vs Park dispute over the Big Wing ever resolved?" There's some action towards the end of the book, but no contributions from a German point of view.

Before you buy the book read the contents page. You'll probably find a section to interest you, but plenty that won't. JT

APRIL & MAY 2025



Lavenham Physiotherapy & Acupuncture Clinic

Unit 12 Lavenham Studios, Brent Eleigh Road, Lavenham CO10 9PE

Conditions treated include:

- Back pain and sciatica
- Neck pain and whiplash
- Shoulder, elbow and wrist pain
- Hip and knee pain
- Ankle and foot pain
- Headache
- Rehabilitation after injury or operation



Your physiotherapist Mrs. Hua Sands:

- 20 years' experience as a physiotherapist registered with the Health and Care Professions Council
- Chartered Physiotherapist and member of the Acupuncture Association of Chartered Physiotherapists
- Masters degrees in Health Psychology and Physiotherapy from Queen Margaret University, Edinburgh
- Trained in acupuncture in China and UK for safe, relaxing and effective acupuncture

Unique Clinic Approach

The Clinic was set up 14 years ago to deliver a better outcome for patients through a unique combination of physiotherapy and Chinese acupuncture approaches to musculoskeletal pain relief, plus longer and more thorough assessment and treatment sessions. Acupuncture treatment is optional, but around 95% of patients feel some pain relief following initial acupuncture treatment.

The longer sessions enable a thorough assessment - essential for a proper diagnosis so that you can get the most effective treatment straight away to relieve your pain as quickly as possible. The detailed assessment also helps deal with the root of your problem, not just the symptoms, to help relieve your pain for the long term and prevent it recurring.

Where other health professionals have failed, Hua has often been able to diagnose and help resolve patients' pain by taking the time to fully understand her patients.

"When I first visited Hua I was experiencing considerable pain in my left knee despite visits to other professionals. Hua immediately identified a possible source of the discomfort. After a series of exercises my situation is much improved." Sue Arnold, Stowmarket. See website and Google Reviews for more examples of what patients say.

Ring **01787 247 726** or e-mail Hua@lavenhamphysio.co.uk to book an initial appointment. For more information, see www.LavenhamPhysio.co.uk

APRIL & MAY 2025

COMMAND PEST CONTROL

TELEPHONE: 01787 248049



Complete Pest Control service including Premises Contracts
Year Round Protection from Infestation • All Pest Control work undertaken

Pest Prevention:

Rat and mouse eradication and prevention of access to agricultural/
commercial and domestic premises/Insect control
Prompt service to Wasps/Hornets nests/Ants/Fleas/Cockroaches/
Mites/Silverfish/Flies etc
Mole control by all Ministry approved methods
Rabbit control and rabbit proof fencing



Property Care:

Woodworm/Deathwatch beetle/Damp proofing
30 Year Bonded Guarantee available



Insect Control:

Fly control units, electric and adhesive
Stockists of all leading brands
Replacement tubes and servicing carried out to all units
Secondhand units available
Flyscreens/chain curtains/plastic strip curtains

Bird Control:

Bird control to public, commercial and domestic buildings
Bird proofing to any situation
Cleaning contracts – Public buildings etc



Grain Handling:

Fumigation to grain and other commodities
Grain store cleaning and pre-harvest
Insecticidal treatment
Monitoring of stored grain and supply of all relevant equipment



Our Services Offer:

Trained technicians/Professional back up:
Quality control manager and field biologist/Approved by local
authorities and food retail industry/Reporting documentation
tailored to any requirement

We also supply:

Rodenticides/Timber treatment chemicals disinfectants/Industrial
cleaning chemicals and pest control equipment

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FOR COMPETITIVE PRICES PLEASE RING 01787 248049**

Command House, College Farm, Church Lane, Preston St Mary, Sudbury, Suffolk CO10 9NQ
Email: sales@commandpestcontrol.co.uk Web: www.commandpestcontrol.co.uk





QUIZ NEWS

There will not be a quiz at the Six Bells in April. The next will be on Wednesday 7th May.

QUIZ TIME ANSWERS from Page 14

1. Malawi
2. Potassium
3. Faye Dunaway
4. USS Nautilus
5. Boy George
6. Rt Revd David Sheppard
7. United Arab Emirates
8. J M Synge
9. The Tower of London
10. The sons of Noah
11. 1415
12. Revd W. Awdry

LAVENHAM GARDENING CLUB

Our gardens are filling up with wildflowers, bulbs, flowering shrubs and trees. Displays of camellias, magnolias, azaleas and rhododendrons are spectacular in gardens with acid soil. We grow them in pots of ericaceous compost, kept damp with rainwater. Gardens like Leonardslee in W. Sussex are superb but, nearer home, visit Place for Plants or Blakenham Woodland Garden. Remember to deadhead finished bulbs, let their leaves die down naturally and give them a feed for more flowers next year.

It's not too late to raise plants from seed in a greenhouse or on a windowsill - take care they don't get too hot on sunny days or too cold on frosty nights. As seedlings grow they will need moving on to give them more space, light and food. 'Pricking out' can be a time consuming but satisfying task. It is so easy to sow too many seeds so either be ruthless and throw some away or share with friends. Summer bedding will suffer from late overnight frosts so wait to plant out. Alliums are hardy and colourful during May. Greenhouses need to air on warm days so leave doors and windows open but remember to close them in the evening - tomatoes will yellow if cold. I start beans off indoors, then plant out after the last frost, adding more bean seeds for crop succession.

The mixed spring weather makes lawns grow quickly but reduce the mowing height gradually and seed any bare patches. 'No Mow May' is well established now and can be extended into June, keeping at least one patch of grass long to benefit insects. Wild flowers may come back amongst the grasses and adding pot grown wildflower plants (available online) is often more successful at creating a meadow feel than sowing seeds.

Encouraging natural predators helps control garden pests but a first application of nematodes now can target slugs, vine weevil and box moth caterpillar. And for plenty of flowers on roses in June, feed and keep them watered.

Plants for April-May: spring flowering bulbs, cowslips, camassias, aubretia, polyanthus, kingcup, violet, fritillaria, dicentra, allium, aquilegia, euphorbia, foxglove, delphinium, clematis - armandii, alpina & montana,

Club News:

At the AGM in Feb the committee was re-elected and in March the very knowledgeable Peter Skeggs-Gooch from Thorncroft Clematis was our speaker.

30th April Talk by Melanie Collins from Mickfield Hostas

10th May 9.30am - 2.30pm Annual Plant Sale in Lavenham Market Square - a variety of plants at reasonable prices. I am happy to collect any plant donations, call 01787 247489

APRIL & MAY 2025

28th May Celebrity speaker Nick Hamilton of Barnsdale Gardens, Rutland

“Barnsdale after Geoff” Tickets £15 members & non members

Outings this year: 21st May Mickfield Hostas

11th June Old Gardens & Stay Barn, Kersey

9th July East Ruston Old Vicarage

8th Oct Beth Chatto's

For all tickets ring Carolyn 01787 247489 or Sandra 01787 311707

New members welcome. Annual subscription £20, meetings held on last Weds of the month at Lavenham Village Hall 7.30pm

details on website: <https://lavenhamgardeningclub.co.uk>

Carolyn Jenkins



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Individual requirements catered for**

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scissoring, hand stripping, nails,
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Call: Jan 07716 034521

Find me on Facebook

1 Manor Cottage, Lavenham Road, Preston St Mary, CO10 9LU

ROGATION SUNDAY

There will be no Farm Walk and Barbecue to mark Rogation in Preston St Mary this year. There are a large number of events going on in Lavenham in connection with the T500 celebration and diaries are already full. We hope to resume this ancient tradition in 2026.

APRIL & MAY 2025



Opening Hours

Monday 10.00 – 1.00
Tuesday 10.00 – 1.00 & 2.00 – 5.00
Thursday 10.00 – 1.00 & 2.00 – 5.00
Friday 10.00 – 1.00 & 2.00 – 5.00
Saturday 10.00 – 2.00
Sunday & Wednesday - CLOSED

LAVENHAM LIBRARY NEWSLETTER APRIL & MAY 2025



Thank you to all our wonderful customers who took part in our recent Customer Satisfaction Survey. We had a huge response and so many lovely comments:

“It is a brilliant service that provides so many benefits well beyond a traditional library service.”

“Lavenham Library provides a fantastic service to the local community, showcasing many different services, facilities and local events. I particularly value the capability of ordering books from the Suffolk Library Service and having them delivered to Lavenham Library.”

“Always impressed with the range of children’s books available. Very helpful staff. Great Tot Rock group!”



Tot Rock

Bring your tots and join for a fun 30 minutes of songs where you and your little one can join in with bells, shakers, scarves and mirrors followed by half an hour of playful activities for little ones and a well earned cuppa & chat for adults. Held Thursdays (during term-time) from 2pm-3pm during term time.

Indoor Kurling Join us every Friday afternoon from 2.30pm – 4.00pm for this fun indoor adult activity that helps to improve strength and mobility with refreshments and chat included!

Top Time Group Top Time is our sociable drop-in group for all adults held fortnightly on Tuesdays from 2.30-4.00pm.



Lego Club Held every Saturday between 11am – 12pm. A drop-in session for children of all ages.

Contact Details

Lavenham Library, Lavenham Village Hall, Church St, Lavenham CO10 9QT

Tel No: 01787 247729

www.suffolklibraries.co.uk

Email: lavenham.library@suffolklibraries.co.uk

Suffolk Libraries HMRC charity number XT34476



APRIL & MAY 2025

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

Rector: The Revd. Simon Pitcher

The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 827691

Associate Priest: The Revd. Elke Cattermole

Tel: 07957 419055

Reader: Mr Pete Postle

Tel: 01787 248564

CALENDAR OF BENEFICE SERVICES FOR APRIL 2025

SUNDAY 6th April LENT 5 PASSION SUNDAY	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	12 NOON	11.30am Refreshments before PRESTON PRAISE
SUNDAY 13th April PALM SUNDAY	LAVENHAM	6.00PM	EVENSONG
	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG
MONDAY/TUESDAY/WEDNESDAY 14th/15th/16th April HOLY WEEK	LAVENHAM	7.00PM	COMPLINE
THURSDAY 17th April MAUNDY THURSDAY	LAVENHAM	7.00PM	HOLY COMMUNION
FRIDAY 18th April GOOD FRIDAY	PRESTON	12.00 NOON	PRESTON PEOPLE'S PASSION
	LAVENHAM	2.00PM	TAIZÉ SERVICE
SUNDAY 20th April EASTER SUNDAY	PRESTON	6.30AM	FIRST LIGHT NEW FIRE HOLY COMMUNION Followed by Bacon Rolls and Buck's Fizz Breakfast
	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
SUNDAY 27th April EASTER 2	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
		10.00AM	HOLY COMMUNION (CW)
		6.00PM	EVENSONG Followed at 7.00pm by APCM

THE FOLLOWING MID-WEEK SERVICES ARE HELD IN LAVENHAM CHURCH EVERY WEEK

WEDNESDAY	10.00AM	HOLY COMMUNION
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Note: BCP = Book of Common Prayer (traditional language)

APRIL & MAY 2025

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

Rector: The Revd. Simon Pitcher

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Tel: 07957 419055

Reader: Mr Pete Postle

Tel: 01787 248564

CALENDAR OF BENEFICE SERVICES FOR MAY 2025

SUNDAY 4th MAY EASTER 3	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	12 NOON	PRESTON PRAISE for VE DAY 80 and Farewell to Pete Postle Followed by Lunch
	LAVENHAM	6.00PM	EVENSONG
SUNDAY 11th MAY EASTER 4	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG
SUNDAY 18th MAY EASTER 5	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	MORNING WORSHIP
	PRESTON	6.00PM	HOLY COMMUNION (BCP)
SUNDAY 25th MAY EASTER 6	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	MEMORIAL SERVICE FOR VE DAY WITH USAAF
	PRESTON	6.00PM	EVENSONG
THURSDAY 29th MAY ASCENSION DAY	LAVENHAM	8.30AM	TOWER PRAISE
	LAVENHAM	10.00AM	DEANERY SERVICE

THE FOLLOWING MID-WEEK SERVICES ARE HELD EVERY WEEK

WEDNESDAY	LAVENHAM	10.00AM	HOLY COMMUNION
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Note: BCP = Book of Common Prayer (traditional language)