

PRESTON PARISH PAPER

Village Activities & News | St Mary's Church | Local Clubs & Events

Dates for your Diary

Sunday 2nd February -
Preston Praise for Candlemas
at 11.30am for 12 noon in the
Church

Sunday 2nd March – Preston
Praise at 11.30am for 12 noon
in the Church

Monday 10th March – Ladies’
Club at 7.30pm in the Village
Hall

Tuesday 18th March – Parish
Council meeting at 7.30pm in
the Village Hall

Saturday 29th/Sunday 30th
March – Clocks go forward
one hour

EDITORIAL

Thank you for all your support,
and for your contributions to
the PPP.

Our Editorial email address is:
editorpstmpaper@gmail.com
for future contributions.

A BRIGHT NEW YEAR

AND A BRIGHT NEW COLOUR SUPPLEMENT

This is our first edition of 2025, and apart from the regular articles and features we have this time included a centrefold in full colour.

In recent issues Kate Hanlon has been giving us an introduction to some of the artists for which Suffolk is famous – and that goes a lot further than Gainsborough and Constable. Her latest piece on Philip Wilson Steer is on Page 17, and includes colourful illustrations.

There is also a treat for frustrated Mods with Peter Korwin’s tales and photographs of Lambretta and Vespa motor scooters.

Sara Whymark has been researching the stories of some of the fine old houses which surround us, and on Page 20 gives us an insight into the history of the Priory in Lavenham.

If you’ve any thoughts, points of view, experiences or protests to share, please write to the editors. We would love to hear from you, and so would the rest of our readers.

FEBRUARY & MARCH 2025

WHO'S WHO IN THE VILLAGE

Parish Council

CHAIRMAN Peter Korwin
CLERK Kay Shorter 07561 060041 prestonpcclerk@gmail.com

Parochial Church Council

RECTOR Revd Simon Pitcher 827691 revsimon63@gmail.com
CHURCHWARDEN Keith Davis 247112 keithhdavis@btinternet.com

Friends of Preston St Mary Church

CHAIR Glynis Huggett 01449 741389 glynishuggett@gmail.com

Village Hall

CHAIRMAN Annie Mason 07740 820100 ranniemason@btinternet.com
SEC./BOOKINGS Sue Diggins 247626 sdiggins2rda-east.org.uk

Art Group

Monday mornings, 3 terms of 10 weeks
CO-ORDINATOR Sarah Williams sarahwilliams74@gmail.com

Ladies' Group

Informal gatherings arranged for most months of the year, usually on Mondays
CO-ORDINATOR Anne Springall 247156 annespringall@gmail.com

Table Tennis

Thursday Evenings at 7.30 in the Village Hall
CO-ORDINATOR Dave Williams williams.jackdaws@btinternet.com

Carpet Bowls

Friday Afternoons at 2.30 in the Village Hall
CO-ORDINATOR Maggie Bardzinski maggiemossbar@aol.com

Preston Pop-up Choir

MUSICAL DIRECTOR Lyn Davis 247112 divalynx@aol.com

The Six Bells Pub 247440 reservations@thesixbellspreston.com

Tree Warden Lyn Davis 247112 divalynx@aol.com

Preston St Mary Parish Paper

News of events & village life, distributed free to every household, bi-monthly
EDITORIAL BOARD Robyn Lloyd Hughes, Jack Tasker, Caroline Gove editorpstmppaper@gmail.com

Doctors' Surgeries

Bildeston 01449 740254 Lavenham 378226

Local Councillors

Suffolk County Council Robert Lindsay (Green Party) robert.lindsay@suffolk.gov.uk

Babergh District Council Deborah Saw (Green Party) deborah.saw@babergh.gov.uk

Community Liaison Officer Cally Boardman cally.boardman@suffolk.gov.uk

Police - Non-emergency number 101

Police Community Engagement Officer – PC Jon Gerrish ceosudburyhaverhill@suffolk.police.uk

Our Ward is North West Cosford

FEBRUARY & MARCH 2025

A PASTORAL LETTER FROM PETE POSTLE, LAY READER

You should be able to read this Preston Parish Paper before Candlemas Day, which is on February 2nd – 40 days after Christmas Day.

Candlemas Day marks the last of the celebrations relating to Jesus' birthday. Before that, in sequence, there is first Christ's naming and circumcision on our New Year's Day, then Epiphany on January 6th which date commemorates the visit of the Three Kings. The twelve days of Christmas end the evening before that, so many of us take down our decorations on the 5th.

33 days after giving birth, Mary (as the mother of a son) should go to the Temple for her purification. 40 days after Jesus is born, he is taken to the Temple for redemption, when first-born sons are declared holy to God.

This relates to the story of how Moses, with the help of God, managed to get the people of Israel out of bondage in Egypt. Ten plagues in all were needed to "persuade" the Pharaoh. The last of these involved the death of all first-born children. By marking their gateposts with the blood of a sacrificial lamb, the Israelites indicated that the angel of death should Passover their homes and their children. Redemption concerns the right of life for the child, and the redemption fee (5 shekels - about 20 days wages for a labourer) is ceremonially paid to the Lord.

Thus the first-born child of Jewish parents was deemed "holy to the Lord" – a nice example of what "holy" really means – set aside for, or devoted to, God. Why, though, candles? Because, for each of us, the light of God that we can see is best thought of as just the modest, but reassuring light of a candle. We cannot yet see the whole, blinding light that is the complete knowledge of God.

But in the United States nowadays, Candlemas is rarely celebrated. It has been replaced with Groundhog Day. You have seen the film of that name, where the leading character is destined to keep reliving the events of one day? Until events break the spell. Since January 20th, we have to relive the previous four years of Donald Trump's presidency, with no known means known to break that spell!

Moving on to the mundane, all this means you can take down your Christmas decorations on the 2nd of this month – that is, if you've had them up that long - which you would have, if you live in one of several European countries (and this country until the 19th Century).

In France and the Roman Catholic parts of Belgium, this day is Crepes Day – which sounds like an excellent excuse to serve up that delicious dish!

My love to you all – may 2025 be good for you and those you love and care for.

Pete Postle

THE ROYAL BRITISH LEGION, LAVENHAM



Many will be aware that there is a social club in Lavenham, but the main raison d'être of The Royal British Legion is to aid and support ex members of the armed forces or their dependents who are experiencing difficulties.

If you fall in that category, or know someone who might, and would like to speak to The Legion, please phone 01787 249571 or 07817 316024 in complete confidence.

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Email: lee.jardine@outlook.com

**DON'T FORGET TO PUT THE
CLOCKS FORWARD ON MARCH
29th/30th FOR THE START OF
BRITISH SUMMER TIME!**

FEBRUARY & MARCH 2025



**CELEBRATING
FIVE HUNDRED YEARS
OF LAVENHAM CHURCH**

In 2025 our church tower will be 500 years old. It is one of the tallest, most magnificent village church towers in the country.

The church family invites the whole community to join us in celebrating this significant birthday. We have prepared a whole range of events throughout the year which we hope will offer something to everyone. We have historical lectures and concerts, our Tudor Fair and Family Fun Day, plus a specially brewed beer to get us in the party mood, so there is plenty going on. In the brochure which will be distributed shortly you will find details of all the events that are taking place.

We would love you to join us.

Rev Canon Simon Pitcher

PRESTON ST MARY CHURCH

Preston Praise

Our Preston Praise services have been very encouragingly received, preceded as they have been by mini-croissants, Chelsea buns and *pains au chocolat*, which have gone down very well, along with the fresh coffee or tea. The services are led by members of the congregation and are more relaxed and informal than the celebrations of Holy Communion and Evensong that we hold on most other Sundays. Our six magnificent bells are rung beforehand, and music always plays an important part in the proceedings.

**11.30AM REFRESHMENTS BEFORE
12.00 NOON ON SUNDAY 2ND FEBRUARY AND
SUNDAY 2ND MARCH**

**Just an hour or so – good fellowship.
Come and try it!**

A PACKED CHURCH AGAIN FOR CHRISTMAS EVE

The scene is set. Most people who are visiting Preston St Mary for Christmas have arrived – many of them visiting grand-parents, such is the age profile of the village! It's late afternoon on Christmas Eve and the church bells are urging people to come to church.

The bells do the trick and the church fills up quickly. The main body of the nave is full and both side aisles are being aimed at by those who arrive later. "Come early to avoid disappointment" seems to be an appropriate message, if only for this one occasion every year.

Yes, folks, it's Preston St Mary's Carol Service! About 130 people and a dozen youngsters are in church ready for the Big Event. It doesn't disappoint - it never does. This year was a bit different (read on to find out how).

The service started with a welcoming carol harmonised by the Preston Belles, followed by the haunting strains of "Once in Royal David's City" coming from the back of the church. The children were then led by a star to the front of the church, where they surrounded a stable with figures therein. They were fully involved in the nativity story, recounted by Robyn in his own inimitable way, about a babe being born in a stable just over two thousand years ago. Our youngsters sang the carol "Away In A Manger", ably assisted by the rest of the assembled throng. The children then dissipated as quickly as they had gathered.

The content of the service this year was particularly varied, with the singing of carols by the congregation expertly interspersed with bible readings and presentations, including a choral offering by the Family Huggett and a carol from the St Mary's Singers. At the end of the service, the Preston Pop-up Choir "popped up" at the front of the church to entertain the crowd by singing two appropriate carols: "A Starry Night" and "Sviata Veccheria" (the latter being a Ukrainian carol celebrating the Holy Dinner traditionally enjoyed on Christmas Eve).

While the congregation were being distracted in this way, members of the Friends of the Parish Church were busily preparing refreshments at the back of the church. Festive offerings of sausage rolls, mince pies and mulled wine were distributed and eagerly consumed by the many folks who had stayed after the service to enjoy a period of good cheer and fellowship that lasted well into the evening.

All in all, an excellent start to the Christmas season. Let's hope that the church can be as full again!

K2

FEBRUARY & MARCH 2025

Preston St Mary Parish Paper Advertising Charges

ONE-OFF ADVERTISEMENTS

Local Events	Free of charge
Full page advertisements for locals	£9.00
Full page advertisements for non-locals	£18.00

FOR 6 ISSUES

Local Organisations

Quarter Page	£9.00
Half Page	£18.00
Full Page	£36.00

Non-Local Organisations

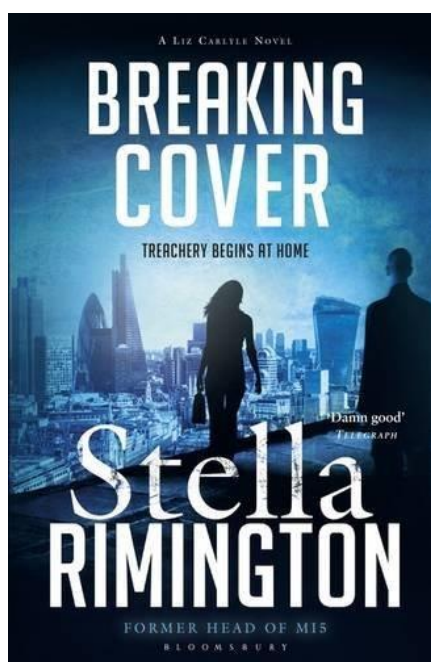
Half Page	£36.00
Full Page	£54.00

Issues: Feb/Mar; Apr/May; Jun/Jul; Aug/Sep; Oct/Nov; Dec/Jan

Editor: editorpstmppaper@gmail.com

Copy Dates: At least one month prior to issue date

BOOK REVIEW



Stella Rimington – Breaking Cover - Bloomsbury 2016

Stella Rimington made history by becoming the first female head of MI5. She's now making history again with her highly successful string of spy novels. These are not about the expected super-villains, firearms and fisticuffs with improbable seductions, but civil servants in a London office being exceptionally clever and dedicated – and most of them are women. Thus our heroes have feelings, personalities and vulnerabilities. I would have liked a bit more of the rough stuff, and Rimington does spend a lot of time introducing her cast without giving much idea of how they are going to fit together. It is not a

very exciting plot, but it does leave one with a better understanding – and appreciation – of that secret world, and the feeling that a woman, if required, would handle a Walther PPK as well as any man. JT

Cost of Living Support in Babergh

Help to heat your home:

- Prepayment meters – if you are unable to top up your prepayment meter, Citizens Advice can offer you advice and may be able to refer you for charitable support. You can contact Sudbury & South Suffolk Citizens Advice on 01787 321 400 or visit <https://www.sudburycab.org.uk/>.
- Local Welfare Assistance Scheme – This hardship grant offers help towards the cost of essentials, including energy. Visit the Suffolk County Council website and search for ‘Local Welfare Assistance’ for more information and to apply.
- Surviving Winter – if you are aged over 66 and not in receipt of Pension Credit you may be able to get extra help if you are struggling to heat your home. The scheme can help with fuel vouchers and support with alternative fuels like oil and LPG. To be eligible your income must be under £20,000 for a single person, or £24,000 for a couple. Contact Sudbury & South Suffolk Citizens Advice to apply.
- Emergency Heating – if you’re vulnerable, and your home currently has no heating, Warm Homes Healthy People can provide free emergency heaters and help you find longer term support. Call 03456 037 686 or email whhp@eastsuffolk.gov.uk. Subject to availability, not generally available for tenants.

Dealing with energy debt:

- Supplier grants - many energy suppliers have grants to reduce or clear debt if you meet their criteria. Speak to your energy supplier to see what help you can get.
- Citizens Advice - offers advice for energy, debt and more. They can support you to create a budget, negotiate with your supplier and boost your income.
- Benefit entitlement – payments such as Warm Homes Discount, Cold Weather Payments, and Winter Fuel Payments can add up to hundreds of pounds to help you pay your energy bills – but you’ll need to be claiming certain benefits to get them. Benefit checks can be done online at www.gov.uk/benefits-calculators, or by contacting your local Citizens Advice.

More information

Visit www.babergh.gov.uk/energy-fuel-and-utilities for more resources to help you keep fuel and utility costs down.

If you would prefer to speak to someone, you can contact our Customer Services team on 0300 123 4 000, option 7 to discuss your situation and find local organisations available to support you.

Elysa Dale

Poverty Reduction & Digital Inclusion Lead

Babergh District Council and Mid Suffolk District Council - Working Together

Tel: 01449 724 944

www.babergh.gov.uk www.midsuffolk.gov.uk

Endeavour House

8 Russell Road

Ipswich IP1 2BX

THE COCKTAIL HOUR

Picante de la Casa (Soho House Tonic) – from Kate Huggett

Whatever the season or the occasion, nothing beats a fresh, zingy cocktail – especially one that packs a punch. And what's everyone's winter favourite? The Picante, of course. This Soho House classic is guaranteed to get any party started, and now you can learn how to whip one up at home.

INGREDIENTS

Chilli pepper (about ¼ inch wide)
10 coriander (cilantro) leaves with stem
2oz/ 50ml reposado tequila (substitute: any tequila you have available)
.75oz/ 20ml agave nectar (substitute: .75oz/20ml of honey)
1oz/ 25ml fresh lime juice

GARNISH

Top end (stem) of the chilli pepper

GLASS

Rocks

METHOD

Cut the small piece of chilli and press it with a muddler in a cocktail shaker tin. Hand-clap the coriander (cilantro) and drop in. Add the rest of the ingredients, then shake and fine strain into an ice-filled rocks glass. Cut off the top end of the chilli pepper and place – stem upwards – in the drink to garnish.

MONKS ELEIGH POST OFFICE

Opening Hours

May be subject to alterations dependent on volunteer availability (Check our social pages)

Monday	9.00am – 4.00pm
Tuesday	9.00am – 1.00pm
Wednesday	Closed
Thursday	9.00am – 1.00pm
Friday	9.00am – 1.00pm
Saturday	Closed
Sunday	Closed

The Community Shop is open 9.00am – 5.00pm Monday to Friday
and 9.00am – 12.30pm Saturday and Sunday

PRESTON ST MARY POP-UP CHOIR

The choir performed at three Christmas venues. Firstly, at Preston Manor for the Christkindlmarkt, providing festive music for supporters and Friends of Preston St Mary Church who had bravely ventured out in the wind and rain. Many said it was the best start to Christmas.

Our next 'gig' was at Lawshall, again making our way through wind and rain, to sing at their Christmas Tree Lights evening. Despite a slightly depleted choir and audience, it was a most enjoyable evening, with splendid singing from the 'Preston Belles', soloists and the Pop-up Choir.

Lastly, Christmas Eve, where we sang at the end of the Carol Service as mulled wine and mince pies were prepared by The Friends. Lyn and Sara received many compliments, and the choir would like to say a big Thank You for all their efforts.

Now it's 2025 and choir sessions have resumed. We are preparing for our next concert which will have a 'Transport' theme. We are delighted to have two new members. If anyone else is interested in joining our merry group, please contact Lyn Davis (01787 247112) or simply pop along to the Village Hall on Tuesday at 2pm. Join in or just listen. See you there!

POETS' CORNER (1)

Sonnet for Lucía

© Tim Bridges 28/12/24

The odds against you ever being here
Were long, I think we'd all agree, Lucía;
The maths make you impossible, I fear.
Your very real existence, though, is clear;
It mocks my faith in non-belief, confounds
My certain doubts of things which can't be proved.
Your tiny presence must, to They, redound.
And must my sterile truth and doubt remove;
You, living proof of that which cannot be,
Have opened up my heart and mind to see
That ignorance resides in certainty,
And truth and love are born in mystery.

Miracles surely happen in our world
Lucía, preciosa, lovely girl.



FROM PRESTON ST MARY TREE WARDEN LYN DAVIS

As I walk about Preston St. Mary I meet people who ask me what a Tree Warden's duties are. I include myself in wondering just what I was supposed to do or look out for! Jack asked me to provide a piece for this paper so I thought it would be a good place to put my thoughts in order.

When Kate Hanlon asked if I would take over the duties of Tree Warden from her, I thought that my "job" would be to look out for dead or ailing trees that might be a danger to cars or pedestrians and report it to someone. How wrong could I be?

While that is a small part of my duties, the Tree Council's Tree Warden Scheme gives people who feel that trees matter an opportunity to champion their local trees and woods by carrying out or encouraging practical projects and involving their neighbours whenever possible. Community involvement is a central aim of the scheme. One of the key issues for the Tree Council was the initiative to reverse the decline of trees in hedges.

Kate during her time as Tree Warden was instrumental in planting hedgerows while so far I have helped the Village Hall with planting tree whips as part of their hedge. If anyone does have a need for planting whips, then please do get in touch with me and I will see what I can do. The whips we planted were free from the Suffolk Tree Wardens Scheme. Tree Wardens are not expected to be experts and they do not have any special powers. The idea is to make trees matter to everyone and to get as many people as possible involved in planting, caring for and enjoying trees and woods.

I think that I may be preaching to the converted here in Preston St. Mary, but you may be interested to know more about the National Tree Warden Scheme and its aims. It was launched in 1990 and has since set up and developed the scheme in town, city and countryside across the UK. Since 1995 the Tree Warden Scheme has been supported by the National Grid and in 2005 the Government began backing the scheme - through its Cleaner, Safer, Greener initiative - to help extend Tree Wardening further into urban areas. Finally, in looking for an inspirational quote about trees I stumbled across this one:

"There is no Wi-Fi in the forest, but I promise you will find a better connection."

PRESTON ST MARY PARISH COUNCIL

The Parish Council and the Tree Warden have had a report carried out on the trees on the Village Green, it has been identified that some of the trees require attention. This work will be carried out soon.

2025 Meetings

The dates for the Parish Council meetings this year are:

March 18th

May 13th

July 22nd

September 23rd

November 18th

All meetings at 7.30pm in the Village Hall. Should extra meetings be required during the year they will be announced on the website.

District Councillor Robert Lindsay has included in his report that the following assistance is available to local residents.

Energy Efficiency Advice

Any householder who lives in a house with an EPC of less than C can claim a voucher to have a qualified retrofit assessor come to their home and give them a plan as to how to increase the energy efficiency of their home. More information here. (All funded by Suffolk Councils)

Home Energy Efficiency Assessment Voucher Scheme - Suffolk County Council

Trees for Life

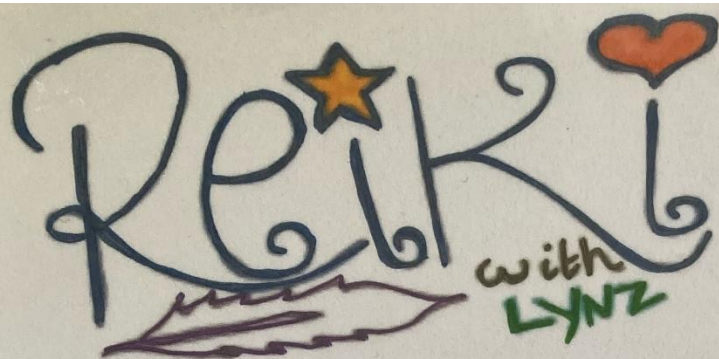
Any family celebrating the birth or adoption of a child in 2024 still has time to apply for a tree for life. Tree for Life - Babergh District Council -

babergh.gov.uk / midsuffolk.gov.uk

Kay Shorter
Parish Clerk

Everyone is in favour of free speech. Hardly a day passes without its being extolled, but some people's idea of it is that they are free to say what they like, but if anyone else says anything back, that is an outrage.
Winston Churchill

FEBRUARY & MARCH 2025



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Reiki is a natural healing system using life force energy and intention, by placing hands on the body in various positions or at a distance.

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Reiki is for everyone, humans, animals, young and old.

1 hour at £25 course of 3 at £65 & 6 at £120

30 minutes at £15 course of 3 at £35 & 6 £70

*Discount for multiple people at the same location

**Discount for people who need the help but can't afford the full amount

FEBRUARY & MARCH 2025

PRESTON ST MARY & DISTRICT LADIES CLUB

New Members will be warmly welcomed to our meetings, so do come and join our group of lively ladies. Our annual subscription is only £10, and just £3 when you attend a meeting, which includes raffle prizes and refreshments. Village Hall meetings start at 7.30pm and are usually held on the 2nd Monday of the month.

2025 PROGRAMME

As usual we do not start our meetings until March when we hope for lighter nights and warmer days, therefore our first Club meeting for this year will be on

Monday 10th March in the Village Hall at 7.30 pm

where we will celebrate with a glass (or two) of Prosecco (or a non-alcoholic drink if preferred). This first meeting of 2025 will give us the opportunity to mix and mingle and catch up with each other. I look forward to seeing you all.

I have not yet formulated a Programme for 2025 but will advise Members what is in store for them as soon as possible.

Highlights of 2024 Meetings

5th DECEMBER - PRESTON LADIES CHRISTMAS LUNCH AT THE SIX BELLS for Members and their guests, which was a very enjoyable and lively occasion and a great start to the seasonal festivities. Changing our Christmas meal from a dinner to a lunch seemed to have been very popular.

We were so lucky managing to book so many interesting and enjoyable speakers. In May, Robyn Lloyd Hughes gave a wonderful talk about his involvement in the 50th Anniversary of D-Day.

The following talks were given on behalf of charities and I have indicated the total Members donated for each of these good causes.

September, the Hadleigh First Responders, whose volunteers gave a talk and demonstration of first aid and the use of a defibrillator. £50 donation

October was Amelia Keitley-Webb's talk about her very challenging Swiss mountain bicycle ride on behalf of the Quintessentially Charitable Foundation. Donation £63

November, Captain Michael Evans RN gave a riveting talk about his Life on the Ocean Wave and his life-changing helicopter crash as a passenger. £82 in aid of SSAFA (an Armed Services charity).

Our donations to these charities totalled £195 - I have to say, that is an amazing figure for our small Club

In June Sue Diggins and Mandy Cochrane hosted a Ladies' Lunch at Barn Owl Lodge, which was a wonderful occasion. Many thanks to Mandy and Sue for all their hard work in making the lunch such a success.

Please get in touch with me if you are reading this article and think that you might like to give a talk to Preston Ladies Club. I would very much like to hear from you. Contact Anne Springall on 01787 247156 or email annespringall@gmail.com for more information. I am always glad to hear from you.

NEWS FROM THE NEIGHBOURS

Here is the latest news for Brent Eleigh, from Karen Marshall.

CLAUD SMITH

Claud was one of the last true Brent Eleigh residents. He was born here and, as he wanted, died here on the morning of 12th November. He had been in and out of hospital for a few weeks previously and had gone downhill rapidly from the Friday before. He was a great character and a familiar figure leaning on the handrail outside the Alms Houses watching everything that was happening in the village. He was always happy to have a chat and always had a lot of information he was happy to share! Over his 80 plus years in the village he had helped many people and did everything from making the trestle tables in the hall to fixing children's bikes and helping out when a house was flooded or when heavy snowfall caused problems for residents.

Everyone who knew him will agree that Brent Eleigh without Claud will take a lot of getting used to .

KAYAKING IN ANTARCTICA

Clare Symes is doing a talk on her latest trip - this time kayaking in Antarctica!

Clare is just fearless!!

Saturday 1st March, 4pm. Tickets £10 including tea/coffee and biscuits.

Please come along it's sure to be fascinating!

SPRING QUIZ

The next quiz will be held on Saturday, 22nd March. 7.00pm for 7.30pm start.

Tickets £12 per person, tables of 6-8 people. There will be the usual baked potatoes and chilli, with something for pudding too served in the interval. There will be a donations bar, raffle and all the usual mixture of questions which means it is suitable for all abilities and ages. Please join in the fun. It's always such a great evening!

Reserve your seat or table by emailing me karenmarshall6@gmail.com or phoning 07946 209103.

OPEN GARDENS AND PLANT SALE

I know it's ages away, but please make a note in your diaries that the Brent Eleigh Open Gardens will take place again this year, but much earlier than the last one.

Sunday, 1st June. If anyone would like to open their gardens then please get in touch with either myself or Clare. The last one raised a lot of money for the village hall and was also enjoyed by many people from outside the village as well as our own residents.

I would also like to say that the Go-Start bus service has a new timetable and a new route. This is on view on the village noticeboards. The bus is such a valuable service, You never know when you might just need a bus, so please help keep it going by using it, even if only a couple of times a year!

KM

FEBRUARY & MARCH 2025

QUIZ TIME - Can you identify these well-known figures from History?

There are no prizes – answers are on Page 29

1. Who was the first monarch of the House of Tudor?
2. Which ex-Hollywood movie actor became the 40th President of the USA?
3. Who was the last Viceroy of India?
4. Who was first to reach the South Pole?
5. Who wrote the operas *Don Giovanni* and *The Magic Flute*?
6. Which Admiral won the battles of Cape Vincent, the Nile and Copenhagen?
7. Which King defeated the Danes at the Battle of Ashdown in 871AD?
8. Who was arrested in the Houses of Parliament in November 1605?
9. Which King followed Charles II?
10. By what name was William Joyce better known during World War II?
11. Who was the first woman in Space?
12. Who delivered the Gettysburg Address?

SESAW – Suffolk and Essex Small Animal Welfare



Suffolk & Essex Small Animal Welfare, Stoke Road, Leavenheath, CO6 4PP. Tel: 01787 210888, email: info@sesaw.co.uk

Philip Wilson Steer

By Kate Hanlon

Another great artist!

I've chosen this artist because of his cheerful and uplifting paintings inspired by scenes at Southwold and Walberswick.



Philip Wilson Steer was born in 1860 and after being rejected by the Royal Academy in London trained in Paris, where he was inspired by the Impressionists. On his return to England he headed to Walberswick - over the years he spent many summers in both Southwold and Walberswick.

From the evidence of surviving sketchbooks Steer liked to walk around the area, taking notes in pencil and crayon to build a picture of the atmosphere and place. He would then do quick sketches in oil on panels to be used later in the final oil paintings. By the 1890s he had produced a set of glittering seaside pictures.

He used colour and form to produce a dazzling interplay of sun, sea and shore. Many of Steer's Suffolk studies feature young girls in bright clothes, playing, bathing or just gazing out to sea.



PRESTON 'PETROLHEADS'

PETER KORWIN

Pete's Obsession

Once a Mod, always a Mod. (Confession: the parka is still in the loft).



Back in 1971, I bought my first scooter from my brother. It was a white Lambretta SX200 (so collectable today). I spent my pocket money on a respray to create a very attractive maroon and white number, but sadly it made contact with a car and was almost written off. So it had to be sold.

What followed was a much cheaper model and then, as I grew up, I had to progress to four wheels, and children meant the two wheel obsession was on hold. However, over the years my love of Lambretta and all things two wheels did not diminish, so when I had the opportunity to buy one to renovate I did so – 35 years on from that special first bike. I remember the day distinctly as it was my wife Jill's birthday, so I took her (as a special treat) to see an Italian import scooter – Lambretta TV175 – another rare model that she was clearly delighted to view on her special day. Deal was done and that was my first restoration project, which I did ride but after 20 years decided to sell it to someone who could appreciate its beauty - another ageing Mod.

A few years ago I found a Lambretta Series 2 Li150 for sale locally – in a desperate state of repair so again I had no choice but to rescue it. Another full nut and bolt restoration followed, keeping me occupied for many hours, and it now has pride of place in the hallway which I think is a very stylish bit of interior decoration. Wanting to keep the collection's international feel, when in Corfu a few years ago again a rescue bike sought me out. This time a Vespa – in great authentic condition - which I did use a little whilst in Greece (although for some reason Jill did not join me on the back). I have now shipped that back to UK and just need to decide whether to keep it in its authentic condition or give it the full Pete treatment.

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Never one to miss an opportunity, the most recent acquisition is a Vespa Sportique – in bits, in boxes waiting for its full restoration. Not yet worthy of a photo but watch this space – or the lanes around Preston St Mary.



BOOK REVIEW by Sara Whymark

The Priory, Lavenham – A Challenge and Adventure

This book was started by Alan and Gwenneth Casey but due to Gwenneth's failing health their daughter Klair stepped in to assist Alan in its completion.



It is an account of the total renovation of one of the most significant buildings in Lavenham over the course of seven years (1979 – 1986). Written as a memoir, the book covers the process of renovation including stripping the house back to its origins, there having been three periods of construction. It is an honest depiction of the highs and lows of the project, such as guaranteeing the substantial finance required and the sourcing of authentic materials as far as possible.

The journey began with an

auction at The Swan Hotel in Lavenham on Tuesday 15th May 1979 at 3pm. Alan had gone to Lavenham out of sheer curiosity the previous Thursday to see The Priory and had then stayed with friends over the weekend.

Having stood in a medieval hall house whilst there, this experience convinced him that it was worth bidding for The Priory the following Tuesday.

Alan bought The Priory that afternoon for £46,400. The first big job was to replace the roof, and Alan took on the roles of quantity surveyor and project manager, involving him in ensuring both materials and labour were organised moving forward.

Alan's approach was meticulous, and he managed



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to source replacement roof tiles as well as reprimanding the roofers for discarding the tiles they were removing and insisting, quite rightly, that as many as possible were stacked and re-used. Gwenneth managed to clean and restore the beautifully carved barge boards. Almost as soon as work began Alan and Gwenneth applied to the Historic Buildings Council for grant-aid, which was initially refused but, undeterred, they persevered and a grant of £10,000 was awarded in summer 1980. They received the letter confirming this on Alan's birthday. It was a significant present!

The original hall house was thought to be 13th century with later additions in the 14th, 15th and 16th centuries. The chimneys were added about 1530 and a staircase tower in the 19th century. Alan sourced a copy of 'Discovering Timber Framed Buildings' by Richard Harris (Shire Publications). This modest but excellent book was an invaluable resource throughout the project as was his visit to the Weald and Downland Living Museum in Sussex.

After the roof a procession of jobs followed. It was the summer of 1980 and, fortuitously, several strapping lads appeared wanting temporary work. Their task was to lift all the floor bricks and dig out the floors to prepare for the installation of underfloor heating. Earlier in the year while stripping the plaster in one of the upstairs bedrooms, strapwork (a painted pattern in the plaster) was discovered above the fireplace and subsequently restored. In stripping off the outside plaster many original mullion windows had been found. Alan's requirement that they were restored using double glazing, oak frames and internal sliding wooden shutters was finally realised by a small company in Darsham. Working on site it took a year to make and install the windows. An ongoing task was the insulation of walls and ceilings together with re-wiring. Designing and sourcing materials for the kitchen was another big job. With a working kitchen Gwenneth requested as a birthday present that they move into the house late in 1982. This was achieved despite not having restored any bedrooms upstairs. However, with working bathrooms and sleeping bags in the hall downstairs, a cosy Christmas was had with a fire in the huge inglenook fireplace in the evenings.

A crew from Anglia Television paid a visit to film the work in progress and included the footage in a programme about historic buildings and their upkeep. An ambition to open the house the following spring was realised. Opening 30 days a year was a condition of the original grant award and consequently Alan and Gwenneth joined the Historic Houses Association, members of which open their houses to the public on a limited basis. A press day was organised for the 24th May 1983 before the official opening to the public which was on Sunday 29th May. As a result of much research into the house's history a small guide book was produced.

Alan then turned his attention to the garden and discovered an old well which became a feature of a terrace. A herb garden, lawn and hedging followed. There was also room for a small campsite certificated by the Caravan Club.

This book has tried to create a complete picture of restoring a large house from the top down. Also included is an account of family life amongst all the substantial stages of renovation. The style is personal, honest and, at times, confessional. At every turn Alan and Gwenneth bothered to consider traditional methods and materials in order to do a thorough job true to the building's substantial heritage. The completion of each stage of the renovation was a highlight in itself, involving as it did considerable thought, resources and labour. What stands today is a significant building which will provide much pleasure to those who are fortunate enough to live there for many years to come.

I am grateful to Alan Casey for his assistance in preparing this review. Some copies of the book are available from Alan priced at £15. You may contact him on 01787 247971.

POETS' CORNER (2)

Post-Op Blues

(following hernia repair)

Recovery nascent,
Impatient patient,
Watching old Morse on TV.
Spoilt by my neighbours,
Rest from my labours,
Boring as boring can be.
Stitches-aware,
Shaved lower hair,
Digestive transit so slow.
Sedentary inaction,
Faecal impaction,
Stitches might split when I go!

No consternation
About operation,
Bearable pain in my lap.
Just grim trepidation
About constipation.
I wish I could go for a

Cup of tea!

©Tim Bridges



NATURE NOTES



In addition to the ready availability of bird food there are ways we can help birds survive the cold weather by the way we manage our gardens. The RSPB magazine gives us a few tips: don't be in a hurry to dead-head your flowers as the heads can be home to many invertebrates - precious winter food. Similarly, ivy – apart from its juicy berries – houses many species and provides excellent shelter. Don't forget fresh water and, oft forgotten, keep bird feeders clean to avoid spreading diseases.

It's worth joining the RSPB not just for the great work they do for wildlife, but for their excellent magazine – full of interest and information. JT

PRESTON PEOPLE

DAVID HUMPHREYS



Claire and I moved to Preston in May 2021. Having lived in Shenfield Essex since 1986 and in our then current home for over 29 years there was, as you would understand, a level of trepidation. We had no need to worry!

Having been born in Chelmsford in 1963 I definitely qualify as an Essex boy. We moved to Upminster pre-primary school and this is where I enjoyed my formative years, moving to Shenfield when I met Claire and buying our first house. I must point out, as Claire will very quickly if I don't, she hails from Plumstead in South East London (evidently the right side of the water).

We both worked in London, in banking, we met whilst working for Nat West. I spent 35 years in the City, working for various banks, being made redundant twice and sacked once – that's what happens if you didn't make enough money! I had various roles: from the mundane, filming Travellers Cheques and counting

foreign notes and coins, to the exciting, trading currencies in the late 80's and 90's, and ultimately the most rewarding and challenging, developing and delivering digital applications to our bank clients. I finished full time work in 2017, leaving HSBC with a spring in my step and their generous best wishes.....

We have two amazing children, Sam and Ella aka The Germs, didn't think that through. They live in Shenfield and Marylebone, respectively, with their partners Hannah and Karim. That is where we can normally be found two days a week looking after our three gorgeous granddaughters, Nina, Clara and Ruby.

When we are granted "annual leave", we love to continue our travels around the globe - it's Bratislava next. Asia is a particular favourite, whilst South America is on the 'to do' list. We consider ourselves very fortunate to have been able to visit some amazing places - long may it continue!

Claire and I share a love of the gym and keeping active, in truth it's just so that we can eat and drink what we like and feel less guilty. For my sins, I follow West Ham, rather more passionately than I care to admit. First having a season ticket with my Dad in the 70's and 80's, then again since 1999 with my son, once he had undergone the indoctrination process. So for those of you taking in the Suffolk air and strolling past Busted Mead when it coincides with a West Ham away game, I can only apologise. I also love golf and more importantly playing it. I'm a member at Stoke by Nayland and try to get out twice a week. My claim to fame is that I have played golf, badly, all over the world from Antigua to Perth!! For me it's all about a good walk and a laugh with friends old or new.

As for village life, I like to think we have settled in well, and are grateful we have found a community, getting involved and helping when and where we can. Wherever we have been or for whatever duration, it's fair to say that we always look forward to coming home to Preston.

COOKS' CORNER

Two Salads for a healthy(ish) start to the year.

Smelly Salad

I saw this being made and served every single day by a Brazilian cook named Irene in New York City. She would serve it to Chip, who we both worked for, with a big lump of steak. It's now a favourite of mine, but be warned, the garlic does linger after...

Dressing:

Parmesan - fresh grated, about 3/4 of a wedge
Garlic - 6 cloves-ish
Juice of 1 Lemon
Olive oil to loosen
Salt and pepper

Salad:

Crisp cos lettuce
Avocado
Spring onion
Cucumber

Shove all the dressing ingredients in a small blender until smooth. Adjust any of the ingredients to taste. Pour over the chopped salad and mix well. Serve with any lump of meat.

Danish Salad

Taken from a Danish cookbook, this salad goes well with many hot dishes.

Cavolo Nero (usual size portion from shop)
Half a punnet of red grapes
About 20 sprouts
Lemon juice
Olive oil
Pine nuts

Dry fry the pine nuts until lightly toasted, put aside. Chop and cook the cavolo nero in a little olive oil, put aside. Then cook half the sprouts in the same pan with a little olive oil until nicely charred. Take out the sprouts then add the halved grapes and gently cook. Once all ingredients cooked, mix in a bowl, add a squeeze of lemon juice, and season to taste. Sådan!

VILLAGE HALL NEWS

Happy New Year to everyone from the Village Hall Committee. We have several events planned for this coming year:

4th April Pop-Up Choir Concert in aid of the Macmillan Cancer Charity and The East Anglia's Children's Hospices. Tickets will be on sale soon.

10th May V.E. Day 80th Anniversary celebration barbecue, details to follow later.

During July we plan to hold our usual village barbecue.

Don't forget if you are planning a party or family gathering the hall is available for hire with its excellent kitchen facilities.

The usual regular activities are Art Club, Keep Fit, Table Tennis, Ballroom Dancing, Indoor Bowls and Baby Massage.

ANNIE MASON Chairman, 07740 820100
SUE DIGGINS Secretary, 01787 247626
KEITH DAVIS Treasurer, 01787 247112

AGRICULTURAL NOTES

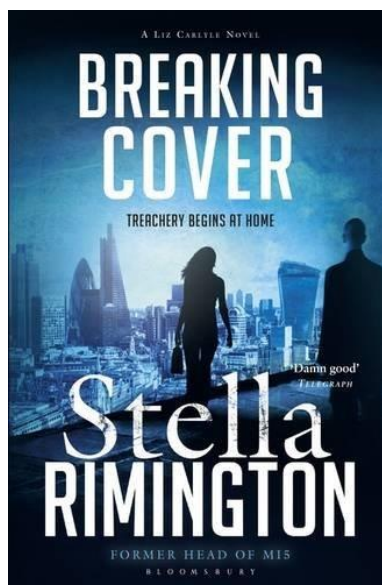
In a previous issue (October/November 2024) we mentioned a twentieth century situation where a 200 acre farm provided employment for twelve workers. Now the ratio is one worker per 1000 acres. Of course, this is the result of huge advances in agricultural equipment.



Gary and his colleague for example use, *inter alia*, the following – with prices in brackets that items might change hands for: six-furrow reversible plough (£28,000), 3-metre Sumo drill (£25,000), combine harvester (£140,000 to £750,000), 210hp tractor (£120,000), but so much more capable 330hp tractor (£230,000).

Farming is a capital intensive industry!
JT

BOOK REVIEW



Stella Rimington – Breaking Cover - Bloomsbury 2016

Stella Rimington made history by becoming the first female head of MI5. She's now making history again with her highly successful string of spy novels. These are not about the expected super-villains, firearms and fisticuffs with improbable seductions, but civil servants in a London office being exceptionally clever and dedicated – and most of them are women. Thus our heroes have feelings, personalities and vulnerabilities. I would have liked a bit more of the rough stuff, and Rimington does spend a lot of time introducing her cast without giving much idea of how they are going to fit together. It is not a very exciting plot, but it does leave one with a better understanding – and appreciation – of that secret world, and the feeling that a woman, if required, would handle a Walther PPK as well as any man. JT



*"I'd call that 'highly skilled'.
It's a 'yes' from me"*

MATT



Lavenham Physiotherapy & Acupuncture Clinic

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Your physiotherapist Mrs. Hua Sands:

- 20 years' experience as a physiotherapist registered with the Health and Care Professions Council
- Chartered Physiotherapist and member of the Acupuncture Association of Chartered Physiotherapists
- Masters degrees in Health Psychology and Physiotherapy from Queen Margaret University, Edinburgh
- Trained in acupuncture in China and UK for safe, relaxing and effective acupuncture

Unique Clinic Approach

The Clinic was set up 14 years ago to deliver a better outcome for patients through a unique combination of physiotherapy and Chinese acupuncture approaches to musculoskeletal pain relief, plus longer and more thorough assessment and treatment sessions. Acupuncture treatment is optional, but around 95% of patients feel some pain relief following initial acupuncture treatment.

The longer sessions enable a thorough assessment - essential for a proper diagnosis so that you can get the most effective treatment straight away to relieve your pain as quickly as possible. The detailed assessment also helps deal with the root of your problem, not just the symptoms, to help relieve your pain for the long term and prevent it recurring.

Where other health professionals have failed, Hua has often been able to diagnose and help resolve patients' pain by taking the time to fully understand her patients.

"When I first visited Hua I was experiencing considerable pain in my left knee despite visits to other professionals. Hua immediately identified a possible source of the discomfort. After a series of exercises my situation is much improved." Sue Arnold, Stowmarket. See website and Google Reviews for more examples of what patients say.

Ring **01787 247 726** or e-mail Hua@lavenhamphysio.co.uk to book an initial appointment. For more information, see www.LavenhamPhysio.co.uk

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QUIZ NEWS

After the Six Bells December quiz, Quizmaster Tim Bridges remarked 'as usual the Wonders of Whelp Street, came second'. After this jibe the Whelp Street team decided they'd jolly well change things in January. They did They came third.

Remember: the first Wednesday in the month at the Six Bells, teams of 4, entrance fee £12 per person which includes a first class curry. Next Quiz Wednesday 5th February.

QUIZ TIME ANSWERS from Page 16

1. Henry VII
2. Ronald Reagan
3. Lord Louis Mountbatten
4. Roald Amundsen
5. Wolfgang Amadeus Mozart
6. Horatio Nelson
7. King Alfred
8. Guy Fawkes
9. James II
10. Lord Haw-Haw
11. Valentina Tereshkova
12. Abraham Lincoln

HISTORY NOTES

If you think our roads today are bad, with their potholes and puddles, read on.....

SUFFOLK ROADS IN THE 17TH CENTURY

The Romans constructed the first effective road system in Britain, and at least 400 miles of these roads were constructed in the county of Suffolk. The Romans needed to move troops between the towns of Colchester, Norwich, Yarmouth and Cambridge, so link roads were constructed across Suffolk for this purpose. These link roads were well constructed and maintained, however, when the Romans eventually departed the road system steadily deteriorated due to lack of maintenance,¹ and by the 17th century roads throughout the country were in an appalling condition. Main roads were merely dirt tracks which, after rain, became muddied and impassable. Minor roads were even worse, as they were infrequently repaired, and were often flooded and blocked by fallen trees.² Even in good weather road surfaces were scarified by the passage of wheeled vehicles, and the wagons and coaches travelling between Ipswich and London during the 17th century often encountered deep holes and ruts.³

The soil in the central region of Suffolk consists of clay which in places overlays chalk. However, the soil in the eastern coastal region and the north western part of the county consists of sand which frequently drifts in high winds. In the 17th century the clay and the sand made conditions for travellers extremely difficult in wet weather. Lady Pryme, who resided at Thwaite Hall in Suffolk, commented on the difficulty of horse riding on wet clay:-

“Speaking of her equestrian prowess, she described the clay to be of such a nature, that her horse succeeding in getting his foot out of it resembled the drawing of a cork out of a bottle; and that when she could compel him into a trot, it made the very swamp roar.”⁴

In 1668 strong winds were responsible for an inundation of sand in Suffolk. The village of Santon Downham in the north western region of the county was deluged by sand driven from the Lakenheath area over a long period. The sand buried and destroyed many of the houses, and blocked all access points.⁵ Trying to ride a horse in drifting sand must have been an unpleasant experience; however, even without high winds, roads formed from heavy sand were not suited to horse riding. John Loveday, an Oxford undergraduate who travelled extensively by horse throughout the British Isles, rode through the coastal region of Suffolk early in the 18th century. Reaching Blythburgh he found respite in the church “from the dreadful roads – all on heavy sand.”⁶

A description of the road conditions in 17th century Suffolk is given in “Suffolk in the XV11th Century” written in 1618 by Robert Reyce :-

“These high-wayes howsoever at the first upon great wisdome, and consideration, layd outt both large and wide, are now in this latter age throw the immoderate desire of the next bordering Lords in continuance of time so straitned, and narrowed in many places, that what with the foulness of the wayes, which in the clay woodland soyle is ever increased especially in winter season, that the ordinary passage one from another during that time is made most difficult.”⁷

Suffolk is a county traversed by many rivers, and consequently bridge maintenance was important in the 17th century. Robert Reyce was not impressed by the state of the bridges in Suffolk :-

“Neither can I add any better report of our bridges, which suffering their decay in time throw the continuall violence of the floods, would receive a totall distruction (whilst every one denies the charge putting it of from himselfe) to the great interruption of the common entercourse, if the different Magistrate by the life and execution of good lawes did nott enforce a repaire of the same.”⁸

Many bridges at that time were constructed using funds provided by benefactors. However, long term maintenance was frequently neglected due to a lack of money. The construction of St Olave's Bridge at Herringfleet was constructed in the reign of Henry VII, with money provided by Dame Margaret, the wife of Sir James Hobart. The bridge then became a source of constant trouble, and in 1659 a Committee was appointed to carry out a survey and to provide a report. This resulted in some minor patching work being undertaken, but by 1758 it had become necessary to undertake a further survey and to provide another report. This did not lead to any maintenance being carried out, so the bridge was surveyed again in 1761. However, it was not until 1768 that proper repairs were undertaken.⁹

FEBRUARY & MARCH 2025

LAVENHAM GARDENING CLUB

As we leave the dark winter days behind us, we look forward to some bright spring days. Time to get out and enjoy the succession of flowers from early bulbs, from the spectacle of massed snowdrops to glorious daffodils - try Anglesey Abbey, Chippenham Park or, nearer home, the churchyard at Thorpe Morieux. To increase snowdrops, split clumps and replant, or buy them 'in the green'. Polyanthus clumps can also be split and spread around. Hellebores, cyclamen coum and scented shrubs add to the show and supply food for early flying insects. Cut off old hellebore leaves to expose the blooms and trim off spent flowers. Clipping winter flowering heathers after blooming keeps them compact.

Finish winter pruning apple and pear trees, tidy up shrubs and prune roses. Prune early flowering shrubs when they are finished and also late flowering shrubs, like buddleia, that will bloom on this year's growth. Prune to open up the bush, remove dead, diseased and spindly growth. Varying the height of cuts encourages flowers all the way down. Prunings make a good 'dead hedge' for wildlife habitat, or, if you cut back shrubs with colourful winter stems, eg cornus, try pushing them into the soil - most should root to give you new plants. Lawns can be tidied by raking and neatening edges. Once temperatures are consistently above 10C, cut stems left over winter as insects begin to emerge - if unsure leave them stacked in a quiet corner.

Start sowing seeds indoors and, in later March, sow the bulk of vegetables outdoors but beware of frost on potatoes. Cloches are useful to warm the soil before sowing and to protect young seedlings.

Plants for Feb-March: snowdrop, hellebore, cyclamen coum, snowdrop, aconite, crocus, erica, camellia, viburnum bodnatense 'Dawn', daphne, narcissi, scilla, wild anemone, fritillary, periwinkle, epimedium, flowering quince, double primrose, early tulips, magnolia

Club News: Lavenham won the rose bowl yet again at the Quiz with Thorpe Morieux in November.

The New Year party at the end of January is always enjoyed by members and Shantfolk entertain again this year.

New members always welcome. Annual subscription £20, which includes all meetings, held on last Weds of month at Lavenham Village Hall 7.30pm

details on website: <https://lavenhamgardeningclub.co.uk>.

26th Feb AGM

26th March Talk 'Clematis for all seasons' by Thorncroft Clematis

Carolyn Jenkins



Image credit: Ben Hall



Suffolk Wildlife Trust

Suffolk Wildlife Trust is the county's nature charity, inspiring and connecting people to the wildlife on their doorstep, as well as playing a monumental role in caring and safeguarding Suffolk's wildlife and countryside. We have led local nature conservation efforts in Suffolk for six decades and have saved some of the county's most important wildlife sites by securing them as nature reserves.

Working with communities, local landowners and partner organisations, Suffolk Wildlife Trust has helped animals and plants to thrive across Suffolk, reviving and cherishing crucial habitats. These habitats act as corridors, allowing wildlife to move safely through the landscape, and create a connected network of nature. Our vision is to create a wilder living landscape where wildlife can flourish and encourage others to become part of a wilder Suffolk.

Today, Suffolk Wildlife Trust cares for 50 nature reserves. But we have not done this alone; gifts in Wills over the decades have enormously contributed to the buying, expanding and protecting of our reserves for generations to come.

Seizing opportunities to buy or enlarge our nature reserves is one of the most powerful ways in which we secure a better future for Suffolk's wildlife. Legacy gifts have in fact been instrumental in every reserve purchase in recent years, enabling us to act quickly and with confidence when opportunities arise. Knowing they represent a lifetime of saving, we always try to increase the impact of bequests by using them to inspire more support through local fundraising. The unstinting response to these from members and supporters is inspiring.

The stories of our amazing legacy donors will forever be a part of Suffolk Wildlife Trust's history and will inspire others to consider leaving a gift in their Will, so that we may continue our fundamental work. Our approach of saving legacy gifts for landmark projects like these means a gift in your Will of any size will directly help to buy land for wildlife, safeguard a threatened species, or support a special piece of work with lasting impact.

**For more information please contact us on 01473 890089
or visit www.suffolkwildlifetrust.org/will**





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Opening Hours

Monday 10.00 – 1.00
Tuesday 10.00 – 1.00 & 2.00 – 5.00
Thursday 10.00 – 1.00 & 2.00 – 5.00
Friday 10.00 – 1.00 & 2.00 – 5.00
Saturday 10.00 – 2.00
Sunday & Wednesday - CLOSED

UNDER 5S

Wordplay at Lavenham Lavenham Library

Feb 6, 2025 2:00 PM, and on Feb 13 and Feb 27



Join us for a fun Wordplay session every Thursday at Lavenham Library! Bring your little ones down from 2PM and enjoy an afternoon of stories, songs and rhymes, suitable for babies and toddlers under 5.

This event takes place during term time only

Top Time Group

Top Time is our sociable drop-in group for all adults held fortnightly on Tuesdays from 2.30-4.00pm.

Lego Club

Held every Saturday between 11am – 12pm. A drop-in session for children of all ages.

Contact Details

Lavenham Library, Lavenham Village Hall, Church St, Lavenham CO10 9QT

Tel No: 01787 247729

www.suffolklibraries.co.uk

Email: lavenham.library@suffolklibraries.co.uk

Suffolk Libraries HMRC charity number XT34476



FEBRUARY & MARCH 2025

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

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The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 827691

Associate Priest: The Revd. Elke Cattermole

Tel: 07957 419055

Reader: Mr Pete Postle

Tel: 01787 248564

CALENDAR OF BENEFICE SERVICES FOR FEBRUARY 2025

SUNDAY 2nd FEBRUARY CANDLEMAS	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	12 NOON	11.30am Refreshments before PRESTON PRAISE
	LAVENHAM	6.00PM	EVENSONG
SUNDAY 9th FEBRUARY EPIPHANY 5	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG
SUNDAY 16th FEBRUARY 3 BEFORE LENT	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	MORNING WORSHIP
	PRESTON	6.00PM	HOLY COMMUNION (BCP)
SUNDAY 23rd FEBRUARY 2 BEFORE LENT	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG

THE FOLLOWING MID-WEEK SERVICES ARE HELD EVERY WEEK

WEDNESDAY LAVENHAM 10.00AM HOLY COMMUNION

Note: BCP = Book of Common Prayer (traditional language)

FEBRUARY & MARCH 2025

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

Rector: The Revd. Simon Pitcher

The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 827691

Associate Priest: The Revd. Elke Cattermole

Tel: 07957 419055

Reader: Mr Pete Postle

Tel: 01787 248564

CALENDAR OF BENEFICE SERVICES FOR MARCH 2025

SUNDAY 2nd MARCH NEXT BEFORE LENT	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	12 NOON	11.30am Refreshments before PRESTON PRAISE
	LAVENHAM	6.00PM	EVENSONG
WEDNESDAY 5th MARCH ASH WEDNESDAY	LAVENHAM	7.00PM	HOLY COMMUNION AND IMPOSITION OF ASHES
SUNDAY 9th MARCH LENT 1	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG
SUNDAY 16th MARCH LENT 2	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	MORNING WORSHIP
	PRESTON	6.00PM	HOLY COMMUNION (BCP)
SUNDAY 23rd MARCH LENT 3	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	6.00PM	EVENSONG

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