

PRESTON PARISH PAPER

Village Activities & News | St Mary's Church | Local Clubs & Events

Dates for your Diary

Friday 2nd October –
Oktoberfest in the Village Hall
7.00pm – See Page 8

Sunday 11th October –
Harvest Festival in the church
at 12 noon, followed by
Harvest Lunch in the Village
Hall

Monday 12th October – Ladies
Club in Village Hall at 7.30pm

Sunday 1st November -
Preston Praise at 11.30am for
12 noon in the Church

Sunday 8th October –
Remembrance Parade and
Service in Lavenham from
9.30am

Wednesday 11th November –
Armistice Day service in
church at 10.30am

Saturday 14th November –
Quiz Night at 7.00pm in the
Village Hall

DON'T FORGET TO PUT THE
CLOCKS BACK ON SUNDAY
25TH OCTOBER

EDITORIAL

Thank you for all your support,
and for your contributions to
the PPP.

Our Editorial email address is:
editorpstmppaper@gmail.com
for future contributions.

WHAT NEXT?



HAPPY GROUNDHOG DAY

Another Summer comes to an end, one of the hottest anyone can remember, with day after day of heatwave temperatures, lawns turning brown and beige, and no respite for the old and frail. A new Prime Minister, but still the same old same old.....

But are we downhearted? Sadly, for some the answer is Yes, especially our farmers. But in Preston we have a resilient community and an optimistic outlook.

If you've any thoughts, points of view, experiences or protests to share, please write to the editors. We would love to hear from you, and so would the rest of our readers.

OCTOBER & NOVEMBER 2026

WHO'S WHO IN THE VILLAGE

Parish Council

CHAIRMAN	Peter Korwin		
CLERK	Jill Korwin	07561 060041	clerk@prestonstmaryparish.gov.uk

Parochial Church Council

RECTOR	Revd Simon Pitcher	827691	revsimon63@gmail.com
CHURCHWARDEN	Keith Davis	247112	keithhdavis@btinternet.com

Friends of Preston St Mary Church

CHAIR	Glynis Huggett	01449 741389	glynishuggett@gmail.com
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Village Hall

CHAIRMAN	Annie Mason	07740 820100	ranniemason@btinternet.com
SEC./BOOKINGS	Sue Diggins	247626	sdiggins2rda-east.org.uk

Art Group

Monday mornings, 3 terms of 10 weeks

CO-ORDINATOR	Judy Legg	247515	judyannlegg@gmail.com
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Ladies' Group

Informal gatherings arranged for most months of the year, usually on Mondays

CO-ORDINATOR	Anne Springall	247156	annespringall@gmail.com
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Table Tennis

Thursday Evenings at 7.30 in the Village Hall

CO-ORDINATOR	Dave Williams		williams.jackdaws@btinternet.com
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Carpet Bowls

Friday Afternoons at 2.30 in the Village Hall

CO-ORDINATOR	Maggie Bardzinski		maggiemossbar@aol.com
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Preston Pop-up Choir

MUSICAL DIRECTOR	Lyn Davis	247112	divalynx@aol.com
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The Six Bells Pub

		247440	reservations@thesixbellspreston.com
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Tree Warden

	Sarah Williams		sarahwilliams74@gmail.com
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Preston St Mary Parish Paper

News of events & village life, distributed free to every household, bi-monthly

EDITORIAL BOARD	Robyn Lloyd Hughes, Jack Tasker, Caroline Gove		editorpstmppaper@gmail.com
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Doctors' Surgeries

Bildeston	01449 740254	Lavenham	378226
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Member of Parliament	James Cartlidge MP (Conservative)	james.cartlidge.mp@parliament.uk
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Local Councillors

Suffolk County Council	Robert Lindsay (Green Party)	robert.lindsay@suffolk.gov.uk
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Babergh District Council	Deborah Saw (Green Party)	deborah.saw@babergh.gov.uk
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Community Liaison Officer	Cally Boardman	cally.boardman@suffolk.gov.uk
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Police - Non-emergency number 101

Police Community Engagement Officer – PC Jon Gerrish	ceosudburyhaverhill@suffolk.police.uk
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Our Ward is North West Cosford

OCTOBER & NOVEMBER 2026

A PASTORAL LETTER FROM THE RECTOR

Dear Friends,

The Lord upholds all who are falling and raises up all who are bowed down. The eyes of all look to you, and you give them their food in due season. You open your hand, satisfying the desire of every living thing. The Lord is just in all his ways, and kind in all his doings. *Psalm 145*

The Harvest Festival in Preston St Mary church is on Sunday 11th October at 12.00 noon. The service will be followed by a harvest lunch, and everyone is welcome to join us.

This year we enjoyed a very long hot dry summer, which while pleasurable for those on holiday, made life very difficult for our farmers. I have read that the harvest in 2026 has been one of the worst ever because of the lack of rain at critical times. The Arthur Rank Centre, which supports UK farming, reports that many farming families are experiencing uncertainty, exhaustion and loss. Farmers have faced rising costs for raw materials, changing weather conditions, livestock disease and financial pressures from falling incomes and changes to government grants.

In our harvest services we aim to give thanks for everyone who works in the food industry and to pray for them. We want to offer our churches as places of welcome and friendship. We will invite donations to support charities that work alongside the farming community. We will also remember that we are part of a global community. Much of our food is imported and we depend on farmers in other parts of the world. While we give thanks for our food, we remember that in some parts of the world harvests have failed and people face shortages, for example in South Sudan.

As Christians we rejoice in our faith in God who blesses us with the gift of life. His life is about rejoicing, sharing, generosity and love. We have hope that in Christ lives can be healed and restored, not just for some people, but for everyone. By praying for and giving thanks for our farming community, by supporting the principles of sharing and kindness, generosity and love we can help one another and build a fairer world.

Yours in Christ

Simon

OCTOBER & NOVEMBER 2026

THE ROYAL BRITISH LEGION, LAVENHAM



Many will be aware that there is a social club in Lavenham, but the main raison d'être of The Royal British Legion is to aid and support ex members of the armed forces or their dependents who are experiencing difficulties.

If you fall in that category, or know someone who might, and would like to speak to The Legion, please phone 01787 249571 or 07817 316024 in complete confidence.

AT THE ELEVENTH HOUR OF THE ELEVENTH DAY OF THE ELEVENTH MONTH

**PRESTON ST MARY PARISH CHURCH
ARMISTICE DAY SERVICE**

**WEDNESDAY 11th NOVEMBER 2026
AT 10.30am IN CHURCH
AND 11.00am AT THE WAR MEMORIAL**

**Including Act of Remembrance, Two Minutes Silence
and Laying of Wreaths**

**REMEMBRANCE SUNDAY
PARADE AND SERVICE**



SUNDAY 8TH NOVEMBER

*From 9.30am in Lavenham Market Place, followed by
Service in Lavenham Parish Church*

OCTOBER & NOVEMBER 2026

THE COCKTAIL HOUR

The popular and traditional Negroni is a long time favourite, made with equal parts of gin, sweet vermouth and Campari. This version replaces the gin with the spicy, sweet flavour of dark Jamaican rum.

Rum Negroni

- 1 part Jamaican rum
 - 1 part Campari
 - 1 part sweet vermouth
 - Orange peel, for garnish
-
- Add all ingredients, except garnish, into a chilled mixing glass with ice.
 - Stir for 15–20 seconds.
 - Strain into a rocks glass over fresh ice.
 - Garnish with an orange twist.

**DON'T FORGET TO PUT YOUR CLOCKS BACK ONE HOUR ON
SUNDAY OCTOBER 25TH**

MONKS ELEIGH POST OFFICE

Opening Hours

May be subject to alterations dependent on volunteer availability (Check our social pages)

Monday	9.00am – 4.00pm
Tuesday	9.00am – 1.00pm
Wednesday	Closed
Thursday	9.00am – 1.00pm
Friday	9.00am – 1.00pm
Saturday	Closed
Sunday	Closed

The Community Shop is open 9.00am – 5.00pm Monday to Friday
and 9.00am – 12.30pm Saturday and Sunday

PRESTON ST MARY CHURCH

Preston Praise

Our Preston Praise services have been very encouragingly received, preceded as they have been by mini-croissants, Chelsea buns and pains au chocolat, which have gone down very well, along with the fresh coffee or tea. The services are led by members of the congregation and are more relaxed and informal than the celebrations of Holy Communion and Evensong that we hold on most other Sundays. Our six magnificent bells are rung beforehand, and music always plays an important part in the proceedings.

NEXT PRESTON PRAISE SERVICE

.....
12.00 NOON ON SUNDAY 1ST NOVEMBER
.....

**Just an hour or so – good fellowship
Come and try it!**

On Sunday 4th October there will be no Preston Praise service. It would clash with Lavenham's Harvest Festival, which starts at 11.00 am that day. We have therefore decided that we should offer our congregation the chance to join them, so have arranged an Evensong in Preston instead, at 6.00pm.

Harvest Festival and Lunch

The following Sunday, 11th October, will be our Harvest Festival service, which will replace the Evensong that we normally hold on a second Sunday in the month. Our Harvest Service starts at 12 noon, following which we will go to Preston St Mary Village Hall for a joyous lunch, probably starting at about 1.00 pm. You will of course all be most welcome to join one or both elements of this celebration. If you are aiming to come to the Harvest Lunch, would you please let Sue know - 01787 247626. This will greatly aid our planning for catering purposes. If you would like to offer a dish for the lunch (no obligation), you can discuss that with Sue while on the telephone.

.....
12.00 NOON ON SUNDAY 11TH OCTOBER
.....

OCTOBER & NOVEMBER 2026

Preston St Mary Parish Paper Advertising Charges

ONE-OFF ADVERTISEMENTS

Local Events	Free of charge
Full page advertisements for locals	£9.00
Full page advertisements for non-locals	£18.00

FOR 6 ISSUES

Local Organisations

Quarter Page	£9.00
Half Page	£18.00
Full Page	£36.00

Non-Local Organisations

Half Page	£36.00
Full Page	£54.00

Issues: Feb/Mar; Apr/May; Jun/Jul; Aug/Sep; Oct/Nov; Dec/Jan

Editor: editorpstmppaper@gmail.com

Copy Dates: At least one month prior to issue date

PRESTON ST MARY ART GROUP

Our autumn term has begun with a series of graduated exercises, starting with simple pencil and charcoal drawing, looking at perspective and light before adding colour.

Our exhibition in September was a success, raising over £50 for church funds

PRESTON ST MARY ART GROUP EXHIBITION OF WORKS IN THE PARISH CHURCH

Saturday 12th and Sunday 13th September 2026

The Church was open from 9am to 5pm on the Saturday, coinciding with the annual SHCT Ride and Stride event, which brings many visitors to the Church.

On Sunday we were open from 10am until after Evensong..

OCTOBER & NOVEMBER 2026

THE FRIENDS OF THE CHURCH OF PRESTON ST. MARY INVITE YOU TO OUR FIRST

OKTOBERFEST

BEER FRANKFURTERS MUSIK

WITH ALL THE ATMOSPHERE OF A
TRADITIONAL BAVARIAN BIERKELLER



FRIDAY 2ND OKTOBER

FROM 7 PM

PRESTON ST MARY VILLAGE HALL



£20 INCLUDES FIRST BEER/DRINK AND FOOD

BOOKING 07740 460518 ROBERTBPJENNINGS@BTINTERNET.COM

ALL PROCEEDS GO TO MAINTAIN THE CHURCH FABRIC REGISTERED CHARITY NO. 1070593

PRESTON POP-UP CHOIR

The Preston Pop-Up choir has resumed after its summer break and now has even more members as we welcome back some and say hello to others. We would love to have more men, so do please get in touch if you are interested. It is casual and a lot of fun.

Occasionally we actually hit the right notes.



Currently we are trying out some new harmonies as well as resurrecting a few older ones. Our songs are very varied. Easy, harder, traditional, pop, songs from movies and musicals, rounds, shanties and much more.

Towards the end of October we will begin practising our Christmas pieces in readiness for going on tour ~ to Lawshall! You may also hear us in our church. If you would like to join us, please contact Lyn Davis on 01787 247112 or email divalynx@aol.com.

Keep singing!

Sally Taggart

OCTOBER & NOVEMBER 2026

OUR COUNTRYSIDE IS IMPORTANT TO US

This is not a party political issue. The three leaders of this campaign, Lords Cameron, Blunkett and Herbert, are respectively Conservative, Labour and Liberal Democrat peers. Please follow the link below to give your support. Editor



On Monday 14 September the countryside came to Westminster.

The Campaign for the Countryside was launched with a clear message - the relationship between government and the countryside needs a reset.

People from across rural Britain came together, alongside speakers including **David Cameron** and **David Blunkett**, to make the case for a countryside that is heard, understood and properly valued.

But the campaign cannot be left to Westminster. **The next step is for people across the countryside to make their own voices heard.**

The e-lobby sends a message to the Prime Minister and copies in your MP, making clear that the countryside wants to be heard.

The campaign has already begun to make an impact, with coverage across the **BBC**, **The Telegraph**, **The Daily Mail**, **The Spectator**, and **Racing Post**.

We have also now **written to the Prime Minister**, asking him to meet us to discuss how the relationship between government and the countryside can be reset.

If you have already signed the e-lobby please share the link below with friends, family and colleagues:

www.ruralreset.org/#write-to-your-mp

Thank you for your support,

A handwritten signature in dark ink that reads 'Nick Herbert' with a short horizontal line underneath.

The Rt Hon the Lord Herbert of South Downs CBE PC

OCTOBER & NOVEMBER 2026

PRESTON ST MARY & DISTRICT LADIES CLUB

New Members will be warmly welcomed to our meetings, so do come and join our group of lively ladies. Our annual subscription is only £10, and just £3 when you attend a meeting, which includes raffle prizes and refreshments. Village Hall meetings start at 7.30pm and are usually held on the 2nd Monday of the month.

PROGRAMME FOR 2026

October 12th JUDY LEGG will be **Looking Back & Looking forward** at how the NHS has developed since its inception in 1948. Judy suggests that looking at early documents and equipment that she will be bringing with her would be a good starting point. Physical examinations, blood tests and equipment, Forceps and childbirth. The NHS has changed and developed a lot over the years and amongst other things, we could talk about the gains and losses.

November 9th SHOW AND TELL. At this meeting I am asking members to bring a small something which has a story they might like to share with the Ladies. Either a memory of something funny, or which provokes a strong or evocative memory for them. Be it a photo, a charm or any other small memento. I am sure you all have something interesting you might like to share and talk about.

DECEMBER - PRESTON LADIES CHRISTMAS LUNCH Date and Venue to be advised. I will be contacting Members for some idea regarding the venue they favour and days in December which would suit the majority. Spouses traditionally are invited to this event

REPORT ON PREVIOUS MEETING

September 14th Carol Rogerson's talk on GREAT WOMEN OF OUR TIME focussed on women born in and around Suffolk. Carol's first choice was the legendary **Margaret Catchpole b.1762**, who was convicted of horse stealing, escaped from Ipswich jail. Was twice sentenced to death and twice reprieved and then transported to Australia, where she finally made a life for herself as a midwife.

Next came 3 sisters born in Aldeburgh - **Elizabeth Garrett Anderson b.1836**, the first woman to qualify in Britain as a physician and Surgeon - **Millicent Garrett Fawcett b.1847**, a non radical Suffragist who campaigned for votes for women, and **Agnes Garrett**, who was the first woman to run an interior design business run by women.

Maggie Hambling, a noted sculptor, known mostly for her controversial Shell sculpture on Aldeburgh beach. Carol's final choice was **Delia Smith** who was born and still lives in Suffolk. Apparently, Delia left school with no qualifications but somehow managed to become a household name, not just for her TV demonstrations and cookery books, but jointly with her late husband, the owner of Norwich Football Club. Quite an astonishing feat for a girl with no qualifications.

Please get in touch with me if you are reading this article and think that you might like to give a talk to Preston Ladies Club. I would very much like to hear from you. Contact Anne Springall on 01787 247156 or email annespringall@gmail.com for more information. I am always glad to hear from you.

OCTOBER & NOVEMBER 2026

PRESTON ST MARY

HARVEST FESTIVAL

'SONGS OF PRAISE' AND LUNCH

Sunday 11th October 2026



**Church Service at 12 noon followed by
Lunch in the Village Hall at approx. 1.15 pm**

Lunch £5.00 per head.

Drinks available by donation.

**Please telephone 01787 247626 if you are joining us for lunch
to let us know of any dietary needs. You may also wish to
discuss what contributions to the table you might bring.**

OCTOBER & NOVEMBER 2026

LAVENHAM FLOWER FARM



From Spring 2026 I am delighted to be offering cut flowers and foliage for sale, grown here in Preston St Mary

- ◇ **Regular deliveries of a hand-picked selection of seasonal flower and foliage stems for you to arrange for your home**
- ◇ **Hand-tied gift bouquets personally delivered in the local area**
- ◇ **One-off bespoke orders for cut flowers and foliage for your special event**

Contact Lucy Attwood on 07941 251880 to enquire about any of the above services or to arrange a visit to the farm

Jordans Farm, Rookwood Lane, Preston St Mary CO10 9LY

Instagram:: @Lavenhamflowerfarm

Website: www.lavenhamflowerfarm.co.uk

e mail: lucy@lavenhamflowerfarm.co.uk

Tel/Whats App: 07941 251880

OCTOBER & NOVEMBER 2026

PRESTON ST MARY PARISH COUNCIL

2026 Meetings

The last scheduled Parish Council meeting for this year will be on November 18th

All meetings at 7.30pm in the Village Hall. Should extra meetings be required during the year they will be announced on the website.

Jill Korwin
Parish Clerk

QUIZ TIME

There are no prizes – answers are on Page 28

1. Where and when did Kirsty MacColl die?
2. In which year did the French Revolution begin?
3. In which country is the city of Timbuktu?
4. What is the name of the toy cowboy in Toy Story?
5. How long would it take to drive to the Moon at the motorway speed limit?
6. Which country celebrates Diwali as a national public holiday, even though it is not a Hindu-majority nation?
7. What does "GPT" stand for in ChatGPT?
8. In which city was the Titanic built before its ill-fated maiden voyage?
9. Which is the strongest muscle in the human body?
10. What is the only country in the world that has a non-rectangular national flag?
11. Which country does the tradition of Halloween originally come from?
12. What is the most stolen food in the world?

OCTOBER & NOVEMBER 2026

PRESTON ST MARY VILLAGE HALL

QUIZ NIGHT



SATURDAY 14TH NOVEMBER

7.00 pm start in the Village Hall

Preston's very own "Ashes" Trophy.

TEAMS: typically of 4 persons, but up to 6 allowed.
Don't worry if you are only 1 or 2 – let us know and
we'll compose a team around you. We've never
turned anyone away.

Light-hearted evening. Donations bar. Raffle.

**£10 per head including finger buffet if place
confirmed before the day (£12 on the door).**

**Phone 01787 247626 to book your place and to let us know
whether you have any dietary needs (or text 07580 794999)**

OCTOBER & NOVEMBER 2026

Preston St Mary Neighbourhood Plan

Don't forget to complete your

Neighbourhood Plan Survey

by

Friday 9th October

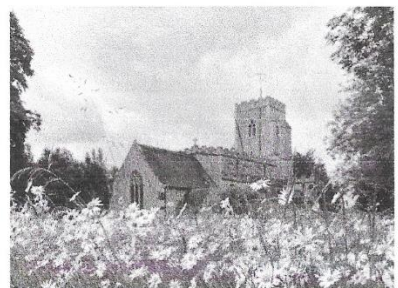
The Parish Council is preparing a Neighbourhood Plan that will help inform future planning and development decisions in our village

Its content will be guided by the views and concerns of all of us that live here

The current survey is a major step in preparing the Plan - for example, it will help inform us about the amount of future new housing that would be acceptable to residents

YOUR OPINION - YOUR NEIGHBOURHOOD - YOUR PLAN

Why not complete the Survey now by clicking on the QR code with your phone



POETS' CORNER

A Fossil's Lament

See that small indentation of my life
On the immeasurable sweep of time.
Enigma, petroglyph etched here in lime.
Geology's dendrology; the knife,
The graver of my grave, the aeons' press
Of silt or shells across my scaly back
Which scuttled once and left a cursive track
Across the sands of silent seas; no less
A vital role I played in all the lines
Which lead to you, your hammer raised
Despising me in clever verse unrhymed
Than any other link, I lie, amazed

At all the arrogance of modern man,
Too blind to see, I am your sire and dam.

Moon Illusion

'The Moon illusion'
So called, for which size is true?
All is relative.

© Tim Bridges 2026



Many crops have been early this year in this unusual weather. We expected our pumpkins to be ready for Halloween, but they are at least a month ahead of that. RLH

OCTOBER & NOVEMBER 2026

VILLAGE HALL NEWS

The Family Games Barbecue held on 1st August was a great success. The week before, we were thinking of cancelling it as we only had 2 or 3 confirmed tickets sold but, thank goodness, we didn't as in the end we had about 60 people attending. It was a very relaxed informal afternoon with Robyn playing popular tunes on the keyboard, families enjoying the different games that were laid out and of course the usual tasty barbecue and salads, followed by ice-creams for pudding! Many thanks to everybody that helped erecting and dismantling the marquees, helped with the barbecue and bar, and provided the delicious salads.

Upcoming Events

11th October: Harvest Lunch, 1.15 in the Village Hall, tickets £5 with a donation bar. This follows the Harvest Festival service in the Church at 12 noon.

14th November: Village Hall Quiz 7pm start tickets £10 per head if booked in advance or £12 on the door, to include a light supper. There will be a donations bar and raffle.

ANNIE MASON	Chairman	07740 820100
KEITH DAVIS	Treasurer	01787 247112
SUE DIGGINS	Secretary	01787 247626

**DON'T FORGET TO PUT YOUR CLOCKS BACK ONE HOUR ON
SUNDAY OCTOBER 25TH**

OCTOBER & NOVEMBER 2026

PETROL HEADS AT LARGE

Our Monk's Eleigh correspondents Pat and Alan Braithwaite drove this Morgan three-wheeler in India covering 3,500 miles for charity. They visited Preston while taking part in this year's SHCT Ride and Stride.



NATURE NOTES

An Apology: The article last week about Preston the baby owl came from Kerry Templeman. Her name was lost between writing and printing.



This baby was born and raised at Hill House Farm.

We think he's a kestrel, and we hope he'll stay, and prove to be a good mouser

OCTOBER & NOVEMBER 2026



Once again Preston supported the Suffolk Historic Churches Trust annual bike ride on Saturday 12th September. The aim was to cycle (or walk) to visit some of the fine old churches and other places of worship we have in Suffolk, and to raise sponsorship money while doing so.

This year there was again a linked rally for classic cars, and some interesting vehicles visited us during the day.

The total amount we raised is not known yet but is already well over £500 and counting. The proceeds will be shared as always between the Trust and our own Parish Church.

Our thanks go to all those who volunteered to ride or stride, man the church on the day, collect sponsorship money or sponsor our riders. Our riders and drivers this year were Sara Whymark, Richard Green and Robyn Lloyd Hughes. Those who helped to man the church were Keith and Lyn Davis, Sylvia Tillotson, Val Gutteridge, Michael and Jenny Banks, Carol Rivett and Katie Lloyd Hughes

Thank you all very much.

Robyn Lloyd Hughes
01787 247571
robynllloydhughes@gmail.com

**DON'T FORGET TO PUT YOUR CLOCKS BACK ONE HOUR ON
SUNDAY OCTOBER 25TH**

COOKS' CORNER

Creamy Chicken Orzo

by Mary Berry



A simple pasta dish with a creamy and delicious sauce. Orzo are tiny pasta pearls that create a risotto-like texture and soak up flavour brilliantly.

Ingredients

- 275g/9¾oz orzo
- 2 skinless chicken breasts, sliced into thin strips
- 2 tbsp olive oil
- knob of butter
- 1 onion, finely chopped
- 250g/9oz chestnut button mushrooms, sliced
- 150ml/5fl oz dry white wine
- 1 garlic clove, grated
- 150g/5½oz baby spinach
- 150g/5½oz soured cream
- 55g/2oz Parmesan, finely grated
- 1 tbsp fresh lemon juice
- salt and freshly ground black pepper



Method

1. Cook the orzo in a saucepan of boiling salted water according to the packet instructions or until just tender. Drain and set aside.
2. Season the chicken generously with salt and pepper.
3. Heat the oil over a high heat in a deep frying pan with a lid. Add the chicken and fry for a few minutes, turning occasionally, until golden brown all over and just cooked through. Remove the chicken from the pan and set aside.
4. Melt the butter in the same pan. Add the onion and fry over a high heat for few minutes, stirring occasionally, then cover with the lid, reduce the heat and cook for 10 minutes until soft.
5. Remove the lid, add the mushrooms and fry until the liquid has evaporated from the mushrooms. Pour in the wine and cook until reduced slightly. Add the garlic, spinach and soured cream and bring to the boil.
6. To finish, add the orzo, cooked chicken, Parmesan and lemon juice to the pan. Season with salt and pepper and toss together until warmed through.
7. Serve immediately in warmed bowls.

HISTORY NOTES

Local Farms to be Sold by Auction in 1869

This sale notice was published in the Bury Free Press of the 9th March 1869. No guide prices are quoted, but this amounts to a substantial change in local land ownership. A total of 1289 acres is to be sold at auction, of which 480 acres are in the parish of Preston.

RLH

SUFFOLK.
PRELIMINARY ANNOUNCEMENT.
To Trustees, Capitalists, and Others.
VALUABLE FREEHOLD FARMS.
Mr. GEORGE COOTE
IS favoured with instructions to prepare for Sale by Public Auction, at the end of April next, at the Rose and Crown Hotel, Sudbury, Suffolk (unless an acceptable offer be previously made by Private Contract).

PRESTON.
PRESTON HALL FARM, about 210 ACRES,
THE RECTORY FARM, about 90 ACRES,
Numerous COTTAGES,
Now occupied by Messrs. Gayford.
DOWN HALL FARM, about 180 ACRES,
Occupied by Mr. Johnson Edgar.
KETTLEBASTON, BRETtenham, AND
HITCHAM.
HIGH HOUSE FARM, about 136 ACRES,
SWIFT'S MANOR FARM, about 152 ACRES,
HATCHES' FARM, about 41 ACRES,
Occupied by Mr. Robt. Makin.
WAGGER'S FARM, about 120 ACRES,
Occupied by Mr. Jno. Ely Wright,
THE CHAPEL HOUSE FARM, about 233 ACRES,
Occupied by Mr. Jno. Hitchcock.
MILDEN.
THE MILDEN FARM, about 127 ACRES,
Occupied by Mr. Jaa. Gage.
Particulars with Plans and Conditions of Sale may be obtained one month prior to the Sale, at the Offices of Messrs. Broughton and White, 12, Great Marlborough-street, London; and of Mr. Coote, Estate Agent and Auctioneer, Sudbury.

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OCTOBER & NOVEMBER 2026

PRESTON POOCHES

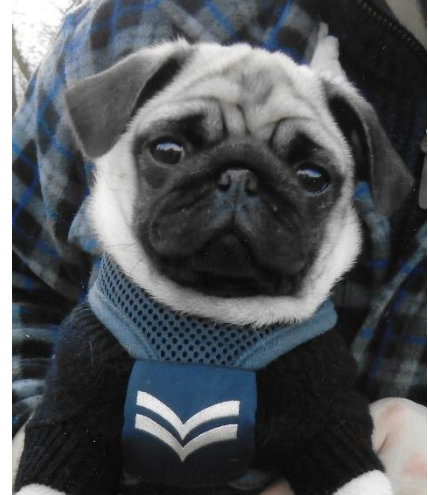
CORPORAL JONESY

This occasional feature will introduce us to the canine residents of our village. Katie Lloyd Hughes has sent us this piece. If you would like to tell us about your best friend please send us a few words and a photo.

Corporal Jonesy – aka Mummy's Boy/Daddy's Boy
Born 5th September 2017 (Virgo) in Essex (so technically an Essex Boy)

Likes:

Food – especially sausages and shortbread
Cuddles
Bed Time – I like to be in bed by 9pm
Pug running round the kitchen when excited
Classic FM – put on for my naps
Walkies
Snow – I love running through snowdrifts
The seaside – I run on the sand and into the shallow waves
All my toys – I'm very gentle with them and they're still like new despite Mummy washing them all the time. My favourites are Flopsy and Foxy
Being with my Grandpa – I sleep underneath the piano when he practises his hymns for church and sit on his knee to watch TV



Dislikes:

Rude dogs, especially forward girl dogs (a girl poodle was VERY forward on Sizewell beach. I refused to play 'chase me chase me' – she was no lady)
The summer – I do not do heat
Being ignored – Mummy says I'm an attention seeker
Bath Time – but I'm very good and sit quietly
My nails being clipped



Preston St Mary Footpath Map

There have been a few issues with walkers straying from the footpaths, which can be dangerous especially during harvest when walkers have used farm vehicle tracks and roads instead of the designated footpath. This map, taken from the County Council site, shows the official routes around the village and so should be useful.



AGRICULTURAL NOTES

Farming has been upset by 3 consecutive dry springs. This spring has seen the earliest harvest in Gary's long career. The sugar beet crop is a write off as is spring barley.

Optimistically Gary has drilled 300 acres with corn, but everyone is desperate for rain.



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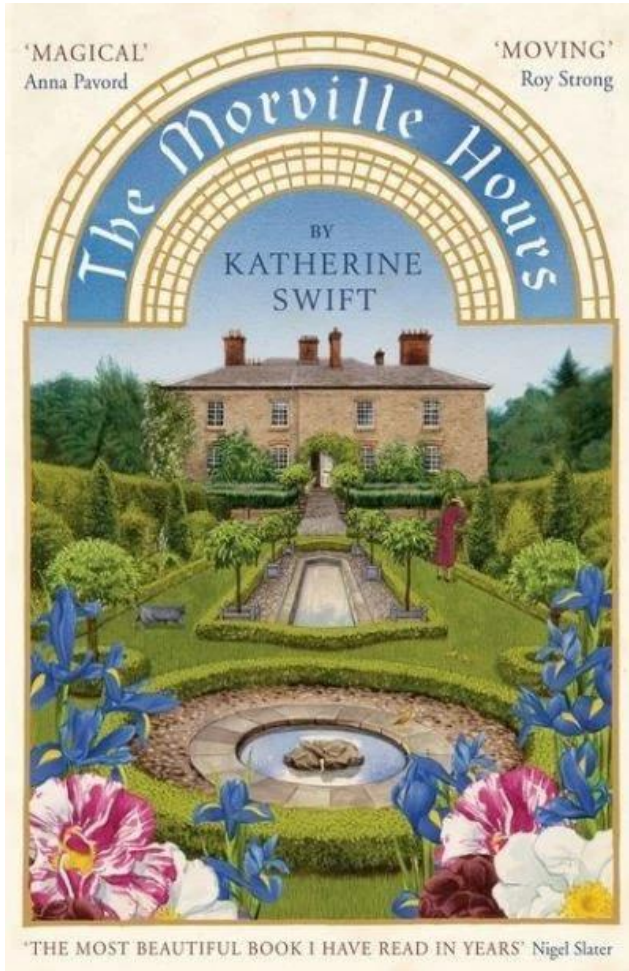
Call: Jan 07716 034521

Find me on Facebook

1 Manor Cottage, Lavenham Road, Preston St Mary, CO10 9LU

BOOK REVIEW

The Morville Hours by Katherine Swift



In 1988 Katherine Swift arrived at the Dower House at Morville in Shropshire. She and her husband took a 20 year lease from the National Trust.

She has constructed this memoir with the mediaeval Books of Hours as a template. It is a genius concept – she talks about the history of Morville and the people who have lived there over the centuries, as well as the construction of new gardens. Before becoming a full time writer and gardener at Morville and creating gardens from scratch she worked as a rare book librarian in Oxford and Dublin.

The book is beautifully written and was a Radio Four book of the week. It has received universal praise across the board. I found it magical and fascinating. KLH



**Are these
the green
shoots the
Government
was talking
about?**

OCTOBER & NOVEMBER 2026



Lavenham Physiotherapy & Acupuncture Clinic

Unit 12 Lavenham Studios, Brent Eleigh Road, Lavenham CO10 9PE

Conditions treated include:

- Back pain and sciatica
- Neck pain and whiplash
- Shoulder, elbow and wrist pain
- Hip and knee pain
- Ankle and foot pain
- Headache
- Rehabilitation after injury or operation



Your physiotherapist Mrs. Hua Sands:

- 20 years' experience as a physiotherapist registered with the Health and Care Professions Council
- Chartered Physiotherapist and member of the Acupuncture Association of Chartered Physiotherapists
- Masters degrees in Health Psychology and Physiotherapy from Queen Margaret University, Edinburgh
- Trained in acupuncture in China and UK for safe, relaxing and effective acupuncture

Unique Clinic Approach

The Clinic was set up 14 years ago to deliver a better outcome for patients through a unique combination of physiotherapy and Chinese acupuncture approaches to musculoskeletal pain relief, plus longer and more thorough assessment and treatment sessions. Acupuncture treatment is optional, but around 95% of patients feel some pain relief following initial acupuncture treatment.

The longer sessions enable a thorough assessment - essential for a proper diagnosis so that you can get the most effective treatment straight away to relieve your pain as quickly as possible. The detailed assessment also helps deal with the root of your problem, not just the symptoms, to help relieve your pain for the long term and prevent it recurring.

Where other health professionals have failed, Hua has often been able to diagnose and help resolve patients' pain by taking the time to fully understand her patients.

"When I first visited Hua I was experiencing considerable pain in my left knee despite visits to other professionals. Hua immediately identified a possible source of the discomfort. After a series of exercises my situation is much improved." Sue Arnold, Stowmarket. See website and Google Reviews for more examples of what patients say.

Ring **01787 247 726** or e-mail Hua@lavenhamphysio.co.uk to book an initial appointment. For more information, see www.LavenhamPhysio.co.uk

OCTOBER & NOVEMBER 2026

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OCTOBER & NOVEMBER 2026



The Six Bells

Preston St. Mary



Situated in the heart of the beautiful Suffolk countryside, The Six Bells is a charming grade 2 listed pub that prides itself on a warm welcome, local cask ales and fantastic homemade food. We are locally owned & locally run and we believe in providing a great taste of Suffolk life- from local artists on the walls to the local produce on our plates

Food Served:

*Wednesday-Saturday:
12pm-2pm • 6pm-8pm
Sunday 12pm-3:30pm*



Call us on 01787247440 or email reservations@thesixbellspreston.com

OCTOBER & NOVEMBER 2026

QUIZ TIME ANSWERS from Page 13

- 1 Cozumel, Mexico. In December 2000
- 2 1789
- 3 Mali
- 4 Woody
- 5 142 days
- 6 Trinidad and Tobago
- 7 Generative Pre-trained Transformer
- 8 Belfast, Northern Ireland
- 9 Masseter – the jaw muscle
- 10 Nepal — it consists of two stacked triangular pennants
- 11 Ireland — rooted in the ancient Celtic festival of Samhain
- 12 Cheese - around 4% of all cheese produced globally is stolen



Chi-Chi. I can't understand how the keepers are on the outside and yet the door's locked from the inside!

OCTOBER & NOVEMBER 2026

Lavenham Gardening Club

Gardening, it has been said, is good for the soul. Being close to nature, being absorbed in the task at hand, the reasoning goes, provides a diversion from the harsh realities of daily life. Personally, I find the frustrations and sheer hard slog at times anything but relaxing. An admission, no doubt, that I am not a serious gardener.

Another effect is to make one reflective and a little wistful. A function, perhaps, of taking on a largish project later in life. Longevity and good health are benefits enjoyed by many, evidently, in these parts but nothing can be taken for granted. In choosing plants, the "time to maturity" indication has, increasingly, become a deciding factor. What's the point of planting something that I might not be around to enjoy? It could, on the other hand, be quite liberating: if it takes that tree thirty years to reach twelve metres, let's just plant it by the back door and someone else may deal with the consequences.

Nonetheless, the thought that some future custodian will sweep away one's efforts can make the whole business seem futile. But it was ever thus. For the gardens of even the great dynastic estates survival was never a certainty. Many a garden in formal Italian style was obliterated by the likes of Repton and 'Capability' Brown, in response to the 18th century fashion for the picturesque and the quest for Arcadia by manipulation of the landscape. And even established gardens evolve and are adapted over time.

So, it would seem, gardening is an essentially ephemeral activity, to be enjoyed in the moment and without too much thought for the long-term. Accepting that nothing lasts for ever, we can at least savour the immediate glories of our labours before they are wiped out by climate change or human hand.

This brings to mind an occasion, some years ago, when I took leave - for ever, as it turned out - of a former colleague, after a reunion lunch. As she disappeared into the Underground at Hyde Park Corner, the well-known Latin expression occurred to me, slightly adapted to fit the case: sic transit Gloria Mundy (sic).

Poor Gloria, back on a family visit from her new life in Jamaica, was an early victim of COVID19. Her garden there is now tended, one hopes, by someone else. For myself, this is a reminder that in gardening, as in all else, the future is unknowable. Best then, as the age-old proverbs exhort, to seize the day and enjoy the moment.

Alan Green

Club News: The Garden Celebration evening was very enjoyable, with tables full of produce, baking, flowers, crafts and photographs. Sue Heald and Sarah Hardingham jointly won the Cyrina Howlett cup. We took picnics to eat in the lovely garden at Clare Bulb Co and bought some more highly recommended spring bulbs. At time of writing, we are looking forward to hosting our next celebrity speaker, Adam Frost, now fully booked.

7th Oct Talk by Adam Frost

14th Oct Visit to Fuller's Mill garden, West Stow

28th Oct Susan from BTO - Garden Ecology 'Wildlife Gardening'

16th Nov Quiz with Thorpe Morieux Garden Club

New members always welcome. Subscription for 2026 £10

details on website: <https://lavenhamgardeningclub.co.uk>

OCTOBER & NOVEMBER 2026



Opening Hours

Monday 10.00 – 1.00
Tuesday 10.00 – 1.00 & 2.00 – 5.00
Thursday 10.00 – 1.00 & 2.00 – 5.00
Friday 10.00 – 1.00 & 2.00 – 5.00
Saturday 10.00 – 2.00
Sunday & Wednesday - CLOSED

UNDER 5S

Wordplay at Lavenham Library

Oct 1 2026 2:00 PM, and every Thursday

Join us for a fun Wordplay session every Thursday at Lavenham Library! Bring your little ones down from 2.00 PM and enjoy an afternoon of stories, songs and rhymes, suitable for babies and toddlers under 5.

This event takes place during term time only



Top Time Group

Top Time is our sociable drop-in group for all adults held fortnightly on Tuesdays from 2.30-4.00pm.

Lego Club

Held every Saturday between 11.00am – 12noon. A drop-in session for children of all ages.

Contact Details

Lavenham Library, Lavenham Village Hall, Church St, Lavenham CO10 9QT
Tel No: 01787 737338 Email: lavenham.library@suffolk.gov.uk

OCTOBER & NOVEMBER 2026

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

Rector: The Revd. Simon Pitcher

The Rectory, Church Street, Lavenham, Sudbury, CO10 9SA Tel: 01787 827691

Associate Priest: The Revd. Elke Cattermole

Tel: 07957 419055

CALENDAR OF BENEFICE SERVICES FOR OCTOBER 2026

SUNDAY 4th October TRINITY 18	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	11.00AM	HARVEST FESTIVAL
	PRESTON	6.00PM	EVENSONG
SUNDAY 11th OCTOBER TRINITY 19	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	12.00 NOON	HARVEST FESTIVAL Followed by lunch in Village Hall
SUNDAY 18th OCTOBER ST LUKE	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	MORNING WORSHIP
	PRESTON	11.30AM	HOLY COMMUNION (BCP)
SUNDAY 25th OCTOBER BIBLE SUNDAY	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	4.00PM	EVENSONG

THE FOLLOWING MID-WEEK SERVICES ARE HELD EVERY WEEK

WEDNESDAY	LAVENHAM	10.00AM	HOLY COMMUNION
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Note: BCP = Book of Common Prayer (traditional language)

OCTOBER & NOVEMBER 2026

UNITED BENEFICE OF LAVENHAM WITH PRESTON ST MARY

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CALENDAR OF BENEFICE SERVICES FOR NOVEMBER 2026

SUNDAY 1st NOVEMBER ALL SAINTS	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	12 NOON	11.30am Refreshments before PRESTON PRAISE
	LAVENHAM	4.00PM	EVENSONG
SUNDAY 8th NOVEMBER REMEMBRANCE SUNDAY	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	REMEMBRANCE SERVICE
	PRESTON	4.00PM	EVENSONG
WEDNESDAY 11th NOVEMBER ARMISTICE DAY	PRESTON	10.30AM	REMEMBRANCE SERVICE
SUNDAY 15th NOVEMBER 2nd BEFORE ADVENT	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	MORNING WORSHIP (CW)
	PRESTON	11.30AM	HOLY COMMUNION (BCP)
SUNDAY 22nd NOVEMBER CHRIST THE KING	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	PRESTON	4.00PM	EVENSONG
SUNDAY 29th NOVEMBER ADVENT	LAVENHAM	8.00AM	HOLY COMMUNION (BCP)
	LAVENHAM	10.00AM	HOLY COMMUNION (CW)
	LAVENHAM	4.00PM	ADVENT CAROLS
NO SERVICE AT PRESTON			

THE FOLLOWING MID-WEEK SERVICES ARE HELD EVERY WEEK

WEDNESDAY	LAVENHAM	10.00AM	HOLY COMMUNION
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Note: BCP = Book of Common Prayer (traditional language)